

BUXTON FUN RUN

9th December 2018

Bib	Name	Club	Category	Time	Cat Pos	Pos	
195	Dave	Thomas	Norwich Road Runners	MO	0:19:47	1	1
42	Jason	Corner	Coltishall Jaguars	M40-44	0:19:58	1	2
225	Tyrone	Young	Team Dunerunner	MO	0:20:58	2	3
8	Dougie	Barber	Coltishall Jaguars	M55-59	0:21:15	1	4
185	Julian	Smith	Coltishall Jaguars	M50-54	0:21:20	1	5
167	Paul	Richardson	Dereham Runners AC	M60-64	0:21:42	1	6
199	Luke	Townshend	Coltishall Jaguars	MO	0:21:54	3	7
150	Kelvin	Norton	Runners next the sea	M50-54	0:22:02	2	8
71	Elizabeth	Goodliffe		F40-44	0:22:17	1	9
198	Mark	Townsend	Norwich Road Runners	M45-49	0:22:19	1	10
231	Paul	Woodhouse	Runners next the sea	M55-59	0:22:24	2	11
49	Robert	Dodd		MO	0:22:30	4	12
160	Cameron	Raven	Runners-next-the-Sea	MO	0:22:34	6	14
220	Luke	Wiltshire		MO	0:22:34	6	14
32	Thomas	Carey	Norwich Road Runners	MO	0:22:36	7	15
43	Patrick	Cox		MO	0:22:51	8	16
239	Robert	Bacon		M44-49	0:23:05	1	17
104	Matt	Isherwood		M40-44	0:23:27	2	18
90	Stephen	Higgs	Lonely Goat RC	M60-64	0:23:28	2	19
89	Adam	Higgs		MO	0:23:31	9	20
212	Sam	Weller	North Norfolk Beach Runners	M65+	0:23:32	1	21
151	Andy	Oakley		MO	0:23:48	10	22
27	Jonny	Burrell		M40-44	0:23:55	3	24
45	David	Crotch		M55-59	0:23:55	3	24
92	Garry	Hobart	North Norfolk Beach Runners	M55-59	0:24:01	4	25
163	Daniel	Read		MO	0:24:07	11	26
240	Julie	Coleman		F44-49	0:24:15	1	27
51	Natalie	Drake	North Norfolk Beach Runners	FO	0:24:16	1	29
144	Carl	Neale	North Norfolk Beach Runners	M50-54	0:24:16	3	29
221	Suzanne	Winter	Dunerunner	F40-44	0:25:20	2	30
3	Lee	Allen	Harwich Runners	M40-44	0:25:21	4	31
6	Victoria	Bacon		F45-49	0:25:25	1	32
234	Helen	Hagon		F55-59	0:25:28	1	33
203	Anthony	Wall		M60-64	0:25:43	3	34
175	Paula	Roe	North Norfolk Beach Runners	M50-54	0:25:51	4	35
44	Susannah	Cringle		F50-54	0:26:04	1	36
250	Keith	Brighty		M55-59	0:26:07	5	37
251	Ruth	Gainsford		F50-54	0:26:08	2	38
11	Tara	Baxter	Bure Valley Harriers	FO	0:26:09	2	39
91	Christopher	High		M45-49	0:26:42	2	40
25	Michelle	Bull		F45-49	0:26:49	2	41
235	Michael	Protheroe		M50-54	0:26:58	5	42
236	Dawn	Protheroe		F45-49	0:27:00	3	43

14	Dianne	Bird		F55-59	0:27:08	2	44
95	Andy	Housego		M45-49	0:27:09	3	45
188	Bethany	Snelling	Norwich Road Runners	FO	0:27:25	3	46
162	Chris	Read	Norwich Road Runners	MO	0:27:26	12	47
80	Neil	Hardingham		M40-44	0:27:29	5	48
204	Georgina	Wall	Norwich Road Runners	FO	0:27:52	4	49
177	Rebecca	Saunders	Bure Valley Harriers	FO	0:27:55	5	50
39	Arron	Coe	Bure Valley Harriers	MO	0:27:56	13	51
211	Rachel	Welch	North Norfolk Beach Runners	F40-44	0:28:05	3	52
182	David	Simpson	Coltishall Jaguars	M65+	0:28:12	2	53
189	Kelly	Snelling	Norwich Road Runners	F50-54	0:28:14	3	54
232	Sandra	Claxton		F45-49	0:28:17	4	55
21	Trudi	Bradley		F45-49	0:28:18	5	56
78	Kiara	Hamis	Norwich Road Runners	FO	0:28:21	6	57
79	Maureen	Hamis	Norwich Road Runners	F40-44	0:28:25	4	58
153	Chris	Penn		M50-54	0:28:50	6	59
208	Vicky	Wardrope		F45-49	0:28:54	6	60
120	Kirsty	Lack	Runners next the sea	FO	0:29:18	7	61
252	Cecilia	Basnett		F44-49	0:29:20	2	62
61	Graham	Fryer	Coltishall Jaguars	M45-49	0:29:24	4	63
205	Samantha	Wall	Norwich Road Runners	F50-54	0:29:31	4	64
183	Andrew	Smith		MO	0:29:34	14	65
207	Michelle	Ward	Mxmr	FO	0:29:49	8	66
152	Mike	Ottley	Reepham Runners	M65+	0:30:10	3	67
165	Tracie	Reynolds	Lonely Goat RC	F45-49	0:30:19	7	68
166	Lucy	Richardson	Norwich Road Runners	FO	0:30:30	9	69
110	Mike	Jones		M60-64	0:30:31	4	70
103	Nicola	Ireson	Run Mummy Run	FO	0:30:39	10	71
145	Philip	Neave	Bungay Black Dog RC	M65+	0:30:56	4	72
241	David	Howard		M60-64	0:31:01	5	73
114	Stuart	Key		M40-44	0:31:30	6	74
216	Lauren	Westwood		FO	0:31:32	11	76
217	Sara	Westwood		F45-49	0:31:32	8	76
72	Lisa	Grand		FO	0:31:34	12	77
64	Anne	Giblett		F55-59	0:31:35	3	79
65	David	Giblett		M60-64	0:31:35	6	79
62	Nicky	Galwey-Woolston	Norfolk Gazelles AC	F50-54	0:31:40	5	80
237	Mollie	White		FO	0:31:44	13	81
233	Stephanie	Clxton		FO	0:31:45	14	82
132	Kath	Mason		F50-54	0:31:58	6	83
133	Lucy	Mccallum	Runners-next-the-Sea	FO	0:32:04	15	84
170	Mark	Riseborough	Runners-next-the-Sea	M40-44	0:32:05	7	85
84	Nicola	Hartley		FO	0:32:07	16	86
57	John	England	Great Yarmouth & District AC	M65+	0:32:09	5	87
12	Marion	Bensley	Coltishall Jaguars	F40-44	0:32:31	5	88
66	Deborah	Gillespie	North Norfolk Beach Runners	F50-54	0:32:36	7	89
174	Paul	Rodgers		M50-54	0:32:40	7	90
149	Alison	Norton	Runners next the sea	F45-49	0:32:43	9	91
26	Sarah	Burnage		F45-49	0:32:46	10	92
28	Danielle	Burton		FO	0:32:47	17	94

93	Joe	Houchen		MO	0:32:47	15	94
112	Clare	Jutsum		FO	0:32:48	18	95
193	Hattie	Swain	Coltishall Jaguars	FO	0:32:49	19	96
164	Charlotte	Reed	Coltishall Jaguars	FO	0:32:50	20	97
214	Sandy	Wells	Longdale Striders/ GYDAC	F65+	0:32:51	1	98
52	Nic	Drake		M50-54	0:32:59	8	100
147	Olivia	Newstead	Coltishall Jaguars	FO	0:32:59	21	100
186	Steve	Smith	Reedham runners	M45-49	0:33:02	5	101
98	David	Howes		MO	0:33:04	16	102
209	Laura	Waters		F40-44	0:33:07	6	103
242	Paula	Mayers		F44-49	0:33:10	3	104
139	Fiona	Morrison	North Norfolk Beach Runners	F65+	0:33:11	2	105
243	Colin	Mayers		M44-49	0:33:15	2	106
29	Linda	Bygrave	North Norfolk Beach Runners	F55-59	0:33:21	4	107
50	Sean	Donoghue	Longdale Striders	M45-49	0:33:22	6	108
196	Jamie	Tidswell	Longdale Striders	MO	0:33:23	17	109
30	Phil	Caley	Longdale Striders	M40-44	0:33:24	8	110
123	Simon	Lawler	Longdale Striders	M55-59	0:33:29	6	112
158	Paul	Prentice	Clapham Pioneers	M65+	0:33:29	6	112
134	Margaret	McCartney	Norfolk Gazelles AC	F55-59	0:33:30	5	113
96	Hannah	Howard	Longdale Striders	FO	0:33:33	22	114
59	Samantha	Faulkner	Longdale Striders	FO	0:33:35	23	116
97	Lynda	Howard	Longdale Striders	F50-54	0:33:35	8	116
24	Esther	Brown		FO	0:33:36	24	118
171	Sarah	Roadley		F40-44	0:33:36	7	118
63	Hannah	Gascoigne		FO	0:33:37	25	120
122	Carolyn	Lawler	Longdale Striders	F55-59	0:33:37	6	120
40	Rebecca	Cook		FO	0:33:41	26	121
127	Haydn	Lyon	Longdale Striders	MO	0:33:42	18	122
107	Ian	Jarvis		M50-54	0:33:43	9	123
173	Lorraine	Robertson	Norwich Road Runners	F45-49	0:33:45	11	124
23	Clare	Broughton	Norwich Road Runners	F40-44	0:33:49	8	125
138	Elizabeth	Moore	Clapham Pioneers	F60-64	0:33:52	1	126
7	Alison	Bailey	Longdale Striders	FO	0:33:54	27	129
54	Jude	Durrant	Fetch Everyone	F50-54	0:33:54	9	129
244	Karen	Nye		F44-49	0:33:54	4	129
37	Marie	Clark	Longdale Striders	F45-49	0:33:55	12	131
38	Neil	Clark	Longdale Striders	M45-49	0:33:55	7	131
137	Claire	Mingay		F40-44	0:33:56	9	133
187	Susan	Smith	Longdale Striders	F45-49	0:33:56	13	133
197	Kerri	Tilson	Longdale Striders	FO	0:33:57	28	134
159	Lisa	Raby	Longdale Striders	FO	0:33:59	29	135
119	Beryl	Knowles	Norwich Road Runners	F65+	0:34:00	3	136
48	Sally	Davenport		F60-64	0:34:01	2	137
248	Rebecca	Dabb		F40-44	0:34:05	11	139
249	Hannah	Nallace-Goodall		F40-44	0:34:05	11	139
169	Claire	Riseborough	Runners-next-the-Sea	F40-44	0:34:06	12	140
253	Joanna	Banister		FO	0:34:18	30	141
46	Paddy	Cutting	Tri-Anglia Triathlon Club	M50-54	0:34:43	10	143
47	Michelle	Cutting Was Fox	Coltishall Jaguars	F45-49	0:34:43	14	143

245	Cialca	Zep		M50-54	0:34:44	11	146
246	Danni	Spicer		FO	0:34:44	31	146
247	Robert	Spicer		MO	0:34:44	19	146
81	Carol	Hardy	Longdale Striders	F55-59	0:34:46	7	147
176	Marianne	Saunders	Longdale Striders	F45-49	0:34:56	15	148
73	Charlotte	Green	Runners-next-the-Sea	F40-44	0:35:35	13	149
215	Laura	Weston	Runners-next-the-Sea	FO	0:35:37	32	150
86	Nicky	Hemblen		F40-44	0:35:39	14	153
117	Jason	Knights		M45-49	0:35:39	8	153
210	Sheila	Watts		F55-59	0:35:39	8	153
156	Alex	Potter		MO	0:35:42	20	154
99	Rebecca	Howes		FO	0:35:50	33	155
121	Sarah	Lanchbury	Coltishall Jaguars	F50-54	0:36:05	10	156
94	Heather	Houghton		F45-49	0:36:24	16	158
222	Francis	Woodcock		M50-54	0:36:24	12	158
118	Lisa	Knights		FO	0:36:43	34	159
87	Richard	Hemblen		M65+	0:36:45	7	160
109	Laura	Johnson		FO	0:37:10	37	163
154	Kelly	Piesse		FO	0:37:10	37	163
226	Jade	Warnes		FO	0:37:10	37	163
136	Noel	Meeks	Reepham Runners	M45-49	0:37:19	9	164
126	Clare	Lincoln		FO	0:37:26	38	165
155	Helen	Pleasants		FO	0:37:31	39	166
115	Sue	King	Reepham Runners	F60-64	0:37:57	3	167
55	Jane	Dursley		FO	0:38:00	40	169
224	Karen	Wraighte	Bure Valley Harriers	F40-44	0:38:00	15	169
178	Claire	Scott	North Norfolk Beach Runners	F45-49	0:38:09	17	170
184	Hayley	Smith	Coltishall Jaguars	FO	0:38:17	41	171
111	Penny	Jones		F55-59	0:38:42	9	173
181	Becky	Showell		FO	0:38:42	42	173
1	Teresa	Abel	Runners-next-the-Sea	F50-54	0:38:43	11	174
10	Angie	Barker	Runners next the sea	F50-54	0:38:44	12	175
172	Elin	Roberts		FO	0:38:55	43	176
76	Trevor	Groves		M55-59	0:38:56	7	177
22	Pat	Brightman	Great Yarmouth & District AC	F65+	0:39:26	5	179
58	Maureen	England	Great Yarmouth & District AC	F65+	0:39:26	5	179
17	Jason	Booty		M40-44	0:39:31	9	181
18	Rachel	Booty		FO	0:39:31	44	181
201	Ingrid	Villalba		F40-44	0:39:34	16	182
141	Emma	Mortimer	Coltishall Jaguars	FO	0:40:32	45	183
131	Anya	Mason		F45-49	0:40:33	18	184
200	Susanne	Turner		FO	0:40:41	46	186
218	Rebecca	Wicks		F40-44	0:40:41	17	186
259	Unknown				0:41:31		187
74	Adam	Griggs	North Norfolk Beach Runners	M40-44	0:41:32	10	188
75	Haley	Griggs	Run Mummy Run	F40-44	0:41:32	18	188
60	Lucy	Fox	Runners next the sea	FO	0:41:47	47	189
31	Naomi	Campbell	Thorpe St Andrew Ladies	FO	0:42:32	48	191
67	Lauren	Gipson		F40-44	0:42:32	19	191
128	Caren	Maidment	Coltishall Jaguars	F50-54	0:43:35	13	193

148	Jennifer	Norris	Coltishall Jaguars	FO	0:43:35	49	193
41	Trudy	Cooper		F60-64	0:43:36	4	196
161	Alison	Read	Coltishall Jaguars	F45-49	0:43:36	19	196
190	Emily	Spragge	Coltishall Jaguars	F40-44	0:43:36	20	196
16	Paul	Bloomfield	Coltishall Jaguars	M55-59	0:43:37	8	199
77	Debbie	Hall	Coltishall Jaguars	F50-54	0:43:37	14	199
88	Clare	Hicks	Coltishall Jaguars	F40-44	0:43:37	21	199
130	Stewart	Marden		M55-59	0:43:38	9	202
143	Penny	Murray	Coltishall Jaguars	F45-49	0:43:38	20	202
238	Paul	Gerber		M50-54	0:43:38	13	202
135	Clare	McCrum		F40-44	0:44:00	22	203
36	Shellie	Chue Sang		F45-49	0:44:01	21	204
179	Joanna	Shad		FO	0:44:48	51	206
206	Courtney	Waller		FO	0:44:48	51	206
33	Emma	Cattermull	Bure Valley Harriers	FO	0:44:49	52	207
129	Tanya	Manser		F45-49	0:45:16	22	208
142	Dawn	Mountain	FiT2RuN	F50-54	0:46:49	15	209
157	Sarah	Potter		FO	0:47:03	53	210
113	Jenny	Kelshaw		F55-59	0:48:07	10	212
140	Sarah	Morter	North Norfolk Beach Runners	F50-54	0:48:07	16	212
19	Hannah	Borrett		FO	0:50:30	54	213
4	Delia	Arthur		F65+	0:54:07	6	215
5	Phil	Arthur		M65+	0:54:07	8	215

Any queries or to request a change to the times, please email treasurer@norfolkgazelles.co.uk, thanks.