

Norfolk Gazelles - Valentine 10K 2011

Prize	Winner	Time	Number	Club
1st Male	Martyn Bath	34:28	195	CONAC
2nd Male	Stephen Gibbs	34:46	228	Norwich Road Runners
3rd Male	Paul Higham	36:29	23	Norwich Road Runners
1st Male 15-34	David Hollidge	38:00	270	
1st Male 35-39	Mark Betts	37:07	256	Norwich Road Runners
1st Male 40-44	Mark Clues	38:38	105	Tri-Anglia
1st Male 45-49	Mark Garrett	37:45	106	Norwich Road Runners
1st Male 50-54	Richard White	39:00	233	Wymondham AC
1st Male 55+	Martin Yeomans	39:25	226	Norwich Road Runners
1st Female	Tamara Jordan	37:40	232	Stowmarket Striders
2nd Female	Alexandra Smith	39:22	161	Norwich Road Runners
3rd Female	Eleanor Matthews	39:25	181	CONAC
1st Female 15-39	Sharon Hurren	42:01	91	Wymondham AC
1st Female 40-44	Jude Durrant	46:38	166	Reepham Runners
1st Female 45-49	Sally Cushing	44:56	183	Norwich Road Runners
1st Female 50-54	Bobbie Sauerzapf	49:20	117	Bungay Black Dog
1st Female 55+	Andi Osborne	54:35	18	North Norfolk Beach Runners