

# Norwich Road Runners : Broadland Half Marathon

Sunday 21<sup>st</sup> March 2010. 10:00 am

## **PRIZE LIST : MEN**

	<b>1<sup>st</sup></b>	Neil DAVISON	City of Norwich A.C.	1:13:14
	<b>2<sup>nd</sup></b>	Matthew HARVEY	U/A	1:17:00
	<b>3<sup>rd</sup></b>	Fernando SILVA	U/A	1:17:34
<b>SENIOR MEN:</b>		Robert CHENERY	Ipswich JAFFA	1:20:17
<b>MEN 40-44:</b>		Carl PREWER	Lowestoft Road Runners	1:17:45
<b>MEN 45-49:</b>		Stephen PETTIT	Ely Runners	1:18:29
<b>MEN 50-59:</b>		Pete JOHNSON	Norfolk Gazelles	1:24:22
<b>MEN 60+:</b>		Richard BLAKE	North Norfolk Beach Runners	1:29:27

## **TEAMS:**

**SENIORS:** N. Norfolk Beach Runners: Phil Quantrill, Colin Stark & Matthew Dickens  
**VETERANS:** Tri –Anglia : Richard Hanson, David Maslen & Mark Clues

## **PRIZE LIST : LADIES**

	<b>1<sup>st</sup></b>	Ellen ROBINSON	Full-On Tri	1:25:06
	<b>2<sup>nd</sup></b>	Sarah EGLINGTON	U/A	1:35:27
	<b>3<sup>rd</sup></b>	Mary NAREY	Stowmarket Striders	1:36:34
<b>SENIOR LADIES:</b>		Jane HANNAH	U/A	1:43:28
<b>LADIES 35-39:</b>		Christina WALKER	North Norfolk Beach Runners	1:44:23
<b>LADIES 40-44:</b>		Lucy COLLYER	U/A	1:39:13
<b>LADIES 45-54:</b>		Anne ELLEN	Norfolk Gazelles	1:45:42
<b>LADIES 55+:</b>		Yvonne PARKER	Road Running Club	1:38:21

## **TEAMS:**

**SENIORS:** No Teams Entered

**VETERANS:** N. Norfolk Beach Runners : Christina Walker, Alison Swanson & Katrine Middleton

# Broadland Half Marathon

Sunday 21<sup>st</sup> March 2010. 10:00 am

## Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	1:13:14	DAVISON, Neil	City of Norwich A.C.	Men 40-44	216	1
2	1:17:00	HARVEY, Matthew		Senior Men	177	2
3	1:17:34	SILVA, Fernando		Men 50-59	136	3
4	1:17:45	PREWER, Carl	Lowestoft Road Runners	Men 40-44	145	4
5	1:18:29	PETTIT, Stephen	Ely Runners	Men 45-49	66	5
6	1:20:17	CHENERY, Robert	Ipswich JAFFA	Senior Men	58	6
7	1:21:50	QUANTRILL, Phil	North Norfolk Beach Runners	Senior Men	147	7
8	1:21:57	BAILEY, Ian		Senior Men	140	8
9	1:22:37	NEWTON, Peter		Senior Men	193	9
10	1:23:04	HANSON, Richard	Tri-Anglia	Men 45-49	123	10
11	1:23:12	BARNARD, Kristin	Wymondham A.C.	Senior Men	181	11
12	1:23:15	RICHARDSON, Tom	Lowestoft Road Runners	Senior Men	180	12
13	1:23:46	ROBINSON, Tom	Ful-On Tri	Senior Men	43	13
14	1:24:22	JOHNSON, Peter	Norfolk Gazelles	Men 50-59	189	14
15	1:24:56	SCOTT, Chris	Lowestoft Road Runners	Senior Men	179	15
16	1:25:06	ROBINSON, Ellen	Ful-On Tri	Senior Ladies	385	16
17	1:25:27	CHRISTOPHER, John	North Norfolk Beach Runners	Men 45-49	224	17
18	1:25:43	STARK, Colin	North Norfolk Beach Runners	Senior Men	187	18
19	1:25:47	PRESTON, Andrew	Wymondham A.C.	Men 40-44	210	19
20	1:26:28	MASLEN, David	Tri-Anglia	Men 45-49	137	20
21	1:26:35	THOMPSON, Gary	Ipswich JAFFA	Senior Men	126	21
22	1:26:56	CLUES, Mark	Tri-Anglia	Men 40-44	98	22
23	1:27:13	NEAVES, Steven	Stowmarket Striders	Men 50-59	131	23
24	1:27:18	GREENLAND, Edward	Wymondham A.C.	Men 40-44	221	24
25	1:27:32	THAXTON, Jon		Senior Men	200	25
26	1:28:23	HILL, Mike	Tri-Anglia	Men 45-49	61	26
27	1:28:27	RUSSELL, John	North Herts Road Runners	Men 45-49	226	27
28	1:28:28	KING, Andrew		Senior Men	29	28
29	1:28:31	BAILEY, Ben	Tri-Anglia	Senior Men	149	29
30	1:28:40	CRAWSHAW, Thomas	City of Norwich A.C.	Senior Men	182	30
31	1:29:13	BROWN, Hugh		Men 40-44	167	31
32	1:29:21	RIJPSTRA, Seb		Senior Men	68	32
33	1:29:25	HOLLAND, Neil	Wymondham A.C.	Men 45-49	170	33
34	1:29:27	BLAKE, Richard	North Norfolk Beach Runners	Men 60+	211	34
35	1:29:37	BOWEN-JONES, Craig		Senior Men	102	35
36	1:29:46	ELY, Steve	Coltishall Jaguars	Senior Men	134	36
37	1:30:02	RAZAZ, Daniel		Senior Men	143	37
38	1:30:03	GRINDBERG, Baard	Tri-Anglia	Men 40-44	203	38
39	1:30:06	LYON, Paul		Senior Men	34	39
40	1:31:10	WITHSTANDLET, Anthony		Senior Men	209	40
41	1:31:43	WRIGHT, Carl	Norwich Road Runners	Men 45-49	31	41
42	1:32:05	HARRINGTON, Stephen		Men 40-44	35	42
43	1:32:27	CASELS, Paul		Senior Men	219	43
44	1:32:38	ABEL, Laurie	Tri-Anglia	Men 40-44	116	44
45	1:32:48	WOODS, Tim	Norfolk Gazelles	Men 45-49	154	45
46	1:33:18	CLARKE, Neville	Newmarket Joggers	Men 50-59	78	46
47	1:33:28	GRUBB, Mark		Senior Men	27	47
48	1:33:32	MACLEAN, Robert		Senior Men	87	48
49	1:33:59	BRAAT, Marcel	Lowestoft Road Runners	Men 40-44	75	49
50	1:34:30	ARMES, Michael	Norwich Road Runners	Men 40-44	202	50
51	1:34:32	BAIRD, Stuart		Senior Men	165	51
52	1:34:51	HOARE, Vernon		Men 45-49	124	52
53	1:35:00	CONWAY, Shaun		Men 45-49	7	53
54	1:35:26	KENNEDY, Antony		Senior Men	205	54
55	1:35:27	EGLINGTON, Sarah		Senior Ladies	322	55
56	1:35:36	SARGEANT, Richard	Tri-Anglia	Senior Men	222	56
57	1:35:49	FOX, Colin		Men 40-44	138	57
58	1:36:12	TYLER, Tim	Norwich Road Runners	Men 50-59	64	58
59	1:36:28	SNELLING, Ben		Senior Men	45	59
60	1:36:29	HAMBLIN, Mark		Senior Men	169	60
61	1:36:30	KING, Michael	Coltishall Jaguars	Men 50-59	44	61
62	1:36:32	DICKENS, Matthew	North Norfolk Beach Runners	Senior Men	206	62
63	1:36:34	NAREY, Mary	Stowmarket Striders	Ladies 40-44	347	63
64	1:36:41	RING, Mark		Men 40-44	159	64
65	1:36:50	KELF, Jason	Norfolk Gazelles	Men 40-44	191	65

Results for All Competitors in finish order contd...

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
66	1:37:22	WHALEY, Pete	Tri-Anglia	Senior Men	108	66
67	1:37:59	BARRON, Gavin		Senior Men	9	67
68	1:38:04	CRANE, Greg		Senior Men	214	68
69	1:38:07	PLUNKETT, Matt	Dereham Runners A.C.	Senior Men	84	69
70	1:38:21	PARKER, Yvonne	Road Runners Club	Ladies 55+	335	70
71	1:38:23	WOOTTON, Paul		Men 40-44	10	71
72	1:38:47	ELLIS, Vince	City of Norwich A.C.	Men 50-59	121	72
73	1:38:49	PURBROOK, Clive	Ryston Runners	Men 50-59	164	73
74	1:38:54	SILLETT, Graham		Men 50-59	24	74
75	1:39:07	GALVIN, Adrian		Men 45-49	178	75
76	1:39:10	TOLL, Neil		Senior Men	86	76
77	1:39:13	COLLYER, Lucy		Ladies 40-44	325	77
78	1:39:15	GODDARD, Peter	Birketts Running A.C.	Men 50-59	153	78
79	1:39:43	BAGNALL, Martin	Coltishall Jaguars	Men 45-49	59	79
80	1:39:47	BURTON, Howard	Coltishall Jaguars	Men 40-44	40	80
81	1:40:05	GEE, Kevin	Norwich Road Runners	Men 45-49	65	81
82	1:40:06	NORMAN, Phil		Senior Men	152	82
83	1:40:15	LADHAMS, Steve	Woodford Green A.C.	Senior Men	18	83
84	1:40:23	TABINER, Simon		Senior Men	37	84
85	1:40:28	JOHNSON, Iain	Deal Tri Club	Men 40-44	201	85
86	1:40:36	DE GRANDIS, Carmine		Senior Men	227	86
87	1:40:43	WILKES, Andrew	New Forest Runners	Men 45-49	132	87
88	1:40:48	YEOMANS, Martin	Norwich Road Runners	Men 50-59	188	88
89	1:40:53	EDMUNDS, Peter		Men 60+	190	89
90	1:41:28	PECK, Andy	Gt. Yarmouth RRC	Senior Men	54	90
91	1:42:05	LINCOLN-KEMP, Thomas	Norwich Road Runners	Men 40-44	8	91
92	1:42:07	McFARQUHAR, Graeme		Senior Men	91	92
93	1:42:13	MOORE, Carl		Senior Men	225	93
94	1:42:19	SADD, Stephen		Men 50-59	28	94
95	1:42:20	HULME, Michael	Norwich Road Runners	Senior Men	172	95
96	1:42:41	BAKER, Andrew	Gt. Yarmouth RRC	Men 40-44	146	96
97	1:43:28	HANNAH, Jane		Senior Ladies	331	97
98	1:43:43	FARBFACE, Mark		Senior Men	41	98
99	1:43:48	GUY, Steven	City of Norwich A.C.	Senior Men	57	99
100	1:44:02	COLEMAN, Graham	Wymondham A.C.	Men 45-49	213	100
101	1:44:05	BRITAIN, Christopher	Road Runners Club	Men 50-59	171	101
102	1:44:07	SPOONER, Dave	North Norfolk Beach Runners	Senior Men	160	102
103	1:44:23	WALKER, Christina	North Norfolk Beach Runners	Ladies 35-39	368	103
104	1:44:38	BERRY, Ian	Kimberley & District Striders	Senior Men	67	104
105	1:45:14	BUTCHER, Gary		Men 45-49	3	105
106	1:45:30	BARNES, Adam	Tri-Anglia	Senior Men	231	106
107	1:45:42	ELLEN, Anne	Norfolk Gazelles	Ladies 45-54	334	107
108	1:45:55	MEADOWS, Jonathan		Senior Men	14	108
109	1:46:24	MARDEN, Stewart	Coltishall Jaguars	Men 45-49	47	109
110	1:46:25	PORTER, Mel	Coltishall Jaguars	Men 40-44	151	110
111	1:46:35	NELSON, Julien		Men 40-44	207	111
112	1:46:40	HACON, Ian	Tri-Anglia	Men 40-44	186	112
113	1:46:50	FAIRCHILD, Michael	Coltishall Jaguars	Men 50-59	128	113
114	1:46:53	WIMMER, Anton		Senior Men	204	114
115	1:46:55	MOORE, Ian	Norwich Road Runners	Men 40-44	114	115
116	1:47:05	WOLLOCOMBE, John		Men 45-49	122	116
117	1:47:30	ROBINSON, Paul	Reepham Runners	Men 40-44	100	117
118	1:47:53	SMITH, Mark		Senior Men	21	118
119	1:47:59	WINTER, Andrew		Senior Men	119	119
120	1:48:03	ELFLETT, Mark	Lowestoft Road Runners	Men 45-49	111	120
121	1:48:14	LAWRENCE, Jeremy	Coltishall Jaguars	Men 50-59	48	121
122	1:48:32	REES, Nigel		Men 50-59	228	122
123	1:48:37	FAIRS, Michael		Senior Men	94	123
124	1:49:14	GETLEY, Edward		Men 40-44	70	124
125	1:49:20	BROWN, Jeremy		Men 45-49	56	125
126	1:49:32	COLLIER, Nicholas		Senior Men	96	126
127	1:49:38	KEEBLE, Andrew		Senior Men	174	127
128	1:49:47	ENDERSBY, Mark		Senior Men	104	128
129	1:50:23	SAMPSON, Joe		Senior Men	77	129
130	1:50:24	BOUCHER, Jonathan		Senior Men	196	130
131	1:50:33	ADAMS, Neil		Senior Men	161	131
132	1:50:38	KELLY, Jon		Senior Men	148	132
133	1:50:49	HARRISON, Chris		Senior Men	76	133
134	1:50:50	ROWDEN, Jon		Men 40-44	32	134

Results for All Competitors in finish order contd...

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
135	1:50:51	ISERWOOD, Jon	Norwich Road Runners	Senior Men	212	135
136	1:50:55	CROWE, Wayne		Men 40-44	208	136
137	1:51:00	KNIGHT, Dennis		Senior Men	90	137
138	1:51:01	HEATH, Tony	North Norfolk Beach Runners	Men 60+	93	138
139	1:51:03	RIBATI, Darren		Senior Men	17	139
140	1:51:18	WALTERS, Jeremy		Men 40-44	162	140
141	1:51:31	BURROWS, Moira		Senior Ladies	396	141
142	1:51:32	PLUME, Frances		Ladies 40-44	342	142
143	1:51:33	WARDEN, Brian	City of Norwich A.C.	Senior Men	197	143
144	1:52:01	GILLOTT, Freya		Senior Ladies	375	144
145	1:52:06	BRIGGS, Michael	Tri-Anglia	Senior Men	97	145
146	1:52:21	HUTCHINS, Victor	Barnet & District A.C.	Men 50-59	55	146
147	1:52:31	SHORTHOSE, Andrew		Senior Men	198	147
148	1:52:34	CUVIELLO, Steve	Wymondham A.C.	Men 40-44	36	148
149	1:52:44	O'NIONS, Don		Men 50-59	166	149
150	1:52:49	PLANT, Adam		Senior Men	107	150
151	1:53:02	STARLING, Cameron		Senior Men	215	151
152	1:53:05	MANN, Helen		Ladies 35-39	382	152
153	1:53:07	HOLLAND, Jon	Norwich Road Runners	Senior Men	155	153
154	1:53:10	FOSTER, John		Men 40-44	157	154
155	1:53:20	MUNFORD, Adam		Senior Men	183	155
156	1:53:29	COLE, Michael		Senior Men	38	156
157	1:53:30	BROWN, Josh		Senior Men	85	157
158	1:53:35	BAKER, Nicola	Gt. Yarmouth RRC	Ladies 40-44	346	158
159	1:53:42	WATERHOUSE, Simon		Men 40-44	129	159
160	1:53:46	SADLER, Ryan		Senior Men	112	160
161	1:54:35	NORTON, Rachel		Ladies 40-44	355	161
162	1:54:47	FAIRS, Elizabeth	Worthing & District Harriers	Senior Ladies	321	162
163	1:55:07	ODGERS, Ian	Dereham Runners A.C.	Men 40-44	220	163
164	1:55:08	ADEY, Maria		Senior Ladies	340	164
165	1:55:09	GROVES, Christopher		Men 50-59	63	165
166	1:55:11	CARTER, Oliver		Senior Men	5	166
167	1:55:22	WILLSON, David		Men 45-49	118	167
168	1:55:29	ADAM, John	Tri-Anglia	Men 50-59	223	168
169	1:55:30	INGRAM, Stewart	Tri-Anglia	Men 50-59	130	169
170	1:55:46	NICHOL, Alex	Tri-Anglia	Senior Ladies	339	170
171	1:55:53	EVANS, Gary		Senior Men	1	171
172	1:55:58	COLEMAN, Rhodri		Senior Men	22	172
173	1:56:04	LUBBOCK, David	City of Norwich A.C.	Men 45-49	52	173
174	1:56:10	CHAPMAN, Nik	Brandon Fern Hoppers	Senior Men	176	174
175	1:56:29	MIAN, Helen		Ladies 40-44	349	175
176	1:56:30	WOOTTON, Charlotte		Ladies 40-44	359	176
177	1:56:32	KEABLE, Nicholas	Gt. Yarmouth RRC	Senior Men	117	177
178	1:56:39	BUTLER, Simon		Men 45-49	92	178
179	1:56:40	BROWNE, Simon		Men 50-59	95	179
180	1:57:00	SPONG, Carole	Gt. Yarmouth RRC	Ladies 55+	390	180
181	1:57:06	RAY, Paul		Men 40-44	199	181
182	1:57:09	JAY, Pater		Men 45-49	20	182
183	1:57:37	BARKER, Claire		Senior Ladies	358	183
184	1:57:57	ARAKLITI, Zak		Senior Men	13	184
185	1:58:00	TILBROOK, John		Men 60+	26	185
186	1:58:05	BARTON, Julie		Ladies 35-39	348	186
187	1:58:19	TOMLINSON, James		Men 40-44	217	187
188	1:58:25	DOWDESWELL, Emma		Senior Ladies	361	188
189	1:58:26	DOWDESWELL, Fiona		Senior Ladies	360	189
190	1:58:28	NICHOLSON, Johnny		Senior Men	12	190
191	1:58:32	DURRANT, Mark		Men 45-49	80	191
192	1:58:43	FOSTER, Karen		Ladies 40-44	343	192
193	1:58:46	WINTER, Mark		Men 50-59	106	193
194	1:58:48	MACLEAN, Steven		Senior Men	88	194
195	1:58:51	JENKINS, Chris	Tri-Anglia	Senior Men	30	195
196	1:59:27	JOHNSON, Timothy		Senior Men	81	196
197	1:59:36	JEWISS, Michael	Dereham Runners A.C.	Men 50-59	73	197
198	1:59:42	O'CONNOR, Michael	North Norfolk Beach Runners	Men 60+	83	198
199	1:59:57	RICHARDSON, John	Dereham Runners A.C.	Men 50-59	99	199
200	2:00:36	HOLLAND, Julian		Senior Men	139	200
201	2:00:38	WIDDOWS, Rebecca		Senior Ladies	392	201
202	2:00:55	WYATT, Carole		Ladies 45-54	326	202
203	2:01:39	HEUER, Dean		Senior Men	127	203
204	2:01:40	SMITH, Michael	Wymondham A.C.	Men 60+	218	204
205	2:01:51	THOMAS, Glyndwr		Senior Men	230	205

## Results for All Competitors in finish order contd...

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
206	2:01:52	KELF, Jon	Norfolk Gazelles	Men 40-44	194	206
207	2:02:13	DICKENS, Keith	North Norfolk Beach Runners	Men 50-59	15	207
208	2:02:28	SWANSON, Alison	North Norfolk Beach Runners	Ladies 40-44	398	208
209	2:02:36	WOODHOUSE, Gill	Dereham Runners A.C.	Ladies 55+	365	209
210	2:02:52	HARGADON, Sue	Ipswich Triathlon club	Ladies 45-54	336	210
211	2:03:00	FRASER, Alec	North Norfolk Beach Runners	Men 60+	144	211
212	2:03:02	MORRIS, Carmel		Senior Ladies	327	212
213	2:03:34	BENDIX, Shona		Ladies 40-44	333	213
214	2:03:39	GEDGE, Karen	Bungay Black Dog A.C.	Ladies 45-54	387	214
215	2:03:45	SMITH, Sheila		Ladies 55+	367	215
216	2:04:04	YUASA, Faye		Ladies 35-39	345	216
217	2:04:55	WARREN, Peter	City of Norwich A.C.	Men 50-59	163	217
218	2:05:20	CLAXTON, Michael	Norwich Road Runners	Men 50-59	135	218
219	2:05:29	ROBINSON, Tony	53-12	Men 40-44	60	219
220	2:05:34	PROFFITT, Edward		Senior Men	184	220
221	2:06:21	COLBROOK, Andrea		Senior Ladies	372	221
222	2:06:22	ABRAHAM, Jeff		Senior Men	39	222
223	2:07:26	COE, Alexandra		Senior Ladies	386	223
224	2:07:30	CREASOR, Mike	Road Runners Club	Men 60+	16	224
225	2:07:40	BARKER, Lindsay		Ladies 45-54	329	225
226	2:08:25	JERMY, Sam		Senior Men	25	226
227	2:08:30	CULLEN, Anita	Dereham Runners A.C.	Ladies 45-54	388	227
228	2:08:40	RENOUF, Emma		Senior Ladies	370	228
229	2:09:48	MARSHALL, Mike	North Norfolk Beach Runners	Men 60+	82	229
230	2:09:59	STARKINGS, Andy		Senior Men	229	230
231	2:10:07	BRITT, Tony		Men 50-59	173	231
232	2:10:35	HUNTER, Helen		Ladies 35-39	369	232
233	2:10:40	BAGNALL, Kathryn	Coltishall Jaguars	Ladies 45-54	374	233
234	2:12:00	FLETCHER, Katie		Senior Ladies	344	234
235	2:12:24	MAWER, Roger	Lowestoft Road Runners	Men 60+	150	235
236	2:13:14	COYTE-McKENZIE, Helen	Norfolk Gazelles	Ladies 45-54	389	236
237	2:13:17	McALPINE, Fiona		Senior Ladies	354	237
238	2:13:21	BURDETT, Sara		Ladies 45-54	338	238
239	2:15:26	MIDDLETON, Katrine	North Norfolk Beach Runners	Ladies 45-54	332	239
240	2:16:46	ROSE, David		Men 40-44	195	240
241	2:17:59	POPP, George		Men 50-59	89	241
242	2:18:14	GROOM, Charlotte		Senior Ladies	324	242
243	2:18:14	SARBUTT-KING, Anne		Ladies 45-54	323	243
244	2:21:27	DUDLEY, Amanda		Senior Ladies	357	244
245	2:21:38	MULCAHY, Tracey		Ladies 35-39	350	245
246	2:21:38	PATTEN, Tonya		Ladies 40-44	341	246
247	2:21:50	LEES, Ivan	Gt. Yarmouth RRC	Men 50-59	113	247
248	2:22:14	YERBY-SMITH, Emma	Reepham Runners	Ladies 35-39	384	248
249	2:23:32	DORMAN, Katy		Senior Ladies	397	249
250	2:24:12	BREATHNACH, Maire		Men 50-59	320	250
251	2:24:18	UGLOW, Nicola		Senior Ladies	353	251
252	2:25:29	BLACKMORE, Claire		Senior Ladies	356	252
253	2:27:11	LATTA, Anna	North Norfolk Beach Runners	Ladies 55+	363	253
254	2:29:57	ARNELL, Bob	Gt. Yarmouth RRC	Men 60+	109	254
255	2:31:43	ARMES, Sharon	Norwich Road Runners	Ladies 40-44	328	255
256	2:33:32	HOWES, Suzanne		Senior Ladies	376	256
257	2:33:33	WEST, Victoria		Senior Ladies	377	257
258	2:38:18	BORRMAN, Virginia	North Norfolk Beach Runners	Ladies 45-54	393	258
259	2:38:56	OVERALL, Heather		Ladies 35-39	391	259
260	2:39:38	SPONG, Albert	Gt. Yarmouth RRC	Men 60+	33	260
261	2:40:49	MILES, Kayleigh		Senior Ladies	394	261
262	2:40:49	GARWOOD, Katherine		Senior Ladies	400	262
263	2:42:16	JACK, Bob	Bungay Black Dog A.C.	Men 50-59	50	263
264	2:46:34	SHARMAN, Lauren		Senior Ladies	352	264
265	2:47:58	STEINBERG, Jane		Ladies 40-44	383	265
266	2:48:19	McGARRY, Lynn		Ladies 35-39	395	266
267	2:49:36	READER, Frank		Men 60+	168	267

There were 267 finishers in the All Competitors category.

Don't forget.....

The Wroxham 5Km Series Races are on WEDNESDAYS

i.e. 26<sup>th</sup> May, 23<sup>rd</sup> June & 25<sup>th</sup> August 2010