

**GREAT YARMOUTH & DISTRICT ATHLETICS CLUB**

**REEDHAM TEN**

Sunday 28<sup>th</sup> February, 2010

**OVERALL WINNERS:**

<b>MEN</b>			
1 <sup>st</sup>	Paul Higham	Norwich Road Runners	0:59:24
2 <sup>nd</sup>	Richard Scott	Wimbledon Windmilers	1:00:07
3 <sup>rd</sup>	Steve Bates	Coltishall Jaguars	1:01:21

**LADIES**

1 <sup>st</sup>	Racheal Leathwood	Norwich Road Runners	1:08:33 <b>C.R.</b>
2 <sup>nd</sup>	Mary Narey	Stowmarket Striders	1:13:16
3 <sup>rd</sup>	Marie Clark	Norwich Road Runners	1:16:59

**AGE CATEGORY WINNERS:**

**MEN**

Senior	Mark Hayes	Coltishall Jaguars	1:02:05
	Mark Betts	Norwich Road Runners	1:03:48
	Mark Merrywest	Norwich Road Runners	1:06:43
40-44	Roger Stone	Felixstowe Road Runners	1:03:13
	Paul Davies	Norwich Road Runners	1:06:08
	Darren Edridge	Coltishall Jaguars	1:06:27
45-49	Tim Vialls	Unattached	1:03:27
	Mark Garrett	Norwich Road Runners	1:05:18
	David Maslen	Tri-Anglia	1:07:38
50-54	Steven Neaves	Stowmarket Striders	1:06:19
	Andrew Houghton	Unattached	1:06:32
	Ray Lindsay	Norwich Road Runners	1:08:36
55-59	Colin Robillard	Coltishall Jaguars	1:03:53
	Peter Johnson	Norfolk Gazelles	1:04:25
	Stephen Dady	Great Yarmouth RR	1:10:57
60-64	John Bone	Great Yarmouth RR	1:15:05
	Barry Bye	Ryston Runners	1:20:15
	Robert Ewin	Wymondham AC	1:25:01
65 - 69	David Hutcheon	Coltishall Jaguars	1:26:38
	Mike Marshall	North Norfolk Beach Runners	1:35:46
70+	Colin Thouless	Norwich Road Runners	1:49:18
	Lou Miller	Unattached	2:22:14

**LADIES**

Senior	Emily Hannant	Coltishall Jaguars	1:22:40
	Gemma Sullivan	Unattached	1:23:05
	Victoria Dyke	Unattached	1:28:00
35-39	Lisa Godwin	Norwich Road Runners	1:18:58
	Sheridan Carver	Norfolk Gazelles	1:26:32
	Mandy Fulton	Norwich Road Runners	1:30:10
40-44	Sarah Jay	Coltishall Jaguars	1:20:40
	Nicola Baker	Unattached	1:24:40
	Shona Bendix	Unattached	1:29:21
45-49	Philippa Rudd	Norwich Road Runners	1:25:17
	Carol Hardy	Norfolk Gazelles	1:35:38

	Jayne Cook	Norwich Road Runners	1:36:00
50-54	Bobbie Sauerzapf	Bungay Black Dog	1:21:55
	Margaret McSweeney	Peel Road Runners	1:22:54
	Jill Copeland	Norwich Road Runners	1:29:07
55-59	Gill Hart	Ryston Runners	1:29:30
	Fran Crawford	Ely Runners	1:34:38
	Lynda Moore	Norwich Road Runners	1:38:40
60 - 64	Brenda Hutcheon	Coltishall Jaguars	1:30:23
65+	Carole Spong	Great Yarmouth RR	1:32:10