

Norfolk Gazelles RC Valentines 10K Prize Winners

Male

1st	Andrew Bunn	Norwich Road Runners
2nd	Martyn Bath	CONAC
3rd	David Bettinson	Cambridge Tri
1st Senior	Wayne Utting	Norwich Road Runners
1st 35-39	Mark Betts	Norwich Road Runners
1st 40-44	Paul Sullivan	Norwich Road Runners
1st 45-49	Mike Yaxley	Norfolk Gazelles
1st 50-54	Nigel Arnold	Norfolk Gazelles
1st 55+	Richard Blake	Gt Yarmouth Road Runners

Ladies

1st	Claire Donnelly	
2nd	Elies Mann	Norwich Road Runners
3rd	Bernadette Smith	Serpentine RC
1st Senior	Frances Hardman	
1st 35-39	Michelle Bull	Norwich Road Runners
1st 40-44	Jude Durrant	
1st 45-49	Anne Hulse	Norwich Road Runners
1st 50-54	Jackie Bye	Coltishall Jaguars
1st 55+	Veronica Manly	Diss AC

Team Prizes

Male Team Prizes

1st Male Senior Team

Andrew Bunn Norwich Road Runners
Wayne Utting
Ben Russell

1st Male Masters Team

Mick Yaxley Norfolk Gazelles
Nigel Arnold
Adrian Waters

Female Team Prizes

1st Female Senior Team

Not awarded

1st Female Masters Team

Elies Mann Norwich Road Runners
Michelle Bull
Anne Hulse