

SENIOR MEN

1	Andy Hennessy	C of N	27.54
2	Robert Simmonds	Ryston	29.40
3	Mike Chapman	NVH	30.29
4	Andrew Simmonds	Ryston	31.21
5	Ben Collison	W Norfolk	33.25
6	Jack Carpenter	Tri-S	34.38
7	Chris Clark	RAF	35.02
8	Dominic Hughes	U/A	35.13
9	Mark Gotts	C of N	35.17
10	John Kazer	C&C	35.34
11	Michael Howlett	Ryston	35.38
12	Ashley Gilbert	U/A	35.42
13	Olly Slater	NVH	36.05
14	Matthew Pyatt	U/A	37.20
15	Chris Dimmock	Eye	37.23
16	Chris Wade	NNBR	37.54
17	Richard Sargeant	Tri-Anglia	38.35
18	Ashley Chimes	W Norfolk	39.07
19	Matt Hartigan	U/A	40.50
20	Robert Bishop	U/A	48.49

VET MEN 40

1	Steve Neill	RAF	27.50
2	Neil Davison	C of N	30.01
3	Ian Day	Ely	31.16
4	Andrew Preston	Wymondham	32.14
5	Andrew Manning	GYRR	32.30
6	David Pettit	C&C	33.37
7	Andy Smith	Ryston	34.09
8	Tom Drew	Spalding	35.17
9	Richard Walker	W Norfolk	36.22
10	Andre Pittock	Fenland	36.59
11	Matt Frary	U/A	37.56
12	Hanno Fisher	Hunts	38.06
13	Chris Playford	W Norfolk	38.19
14	Steven Bowerman	Ryston	38.27
15	Andrew Caress	NVH	39.44
16	Russel Cox	Wymondham	40.20
17	Mark Tufts	Wymondham	40.33
18	Andy McPartlin	Spalding	40.53
19	Martin Hammond	Ryston	41.03
20	David Lane	Ryston	42.12
21	Mike Wright	Eye	42.25

VET MEN 45

1	Kevin Vaughan	St Ed	33:09
2	Malcolm Tuff	Ryston	33:11
3	Simon Howling	Ryston	34:04
4	Tony Savage	Ryston	34:04
5	Carl Manning	Ryston	34:44
6	Neville Knights	Dereham	34:54
7	Andy Marsh	U/A	37:09
8	Ian Todd	W Norfolk	37:11
9	Keith Brighty	NRR	37:25
10	Keith Moore	Dereham	37:30
11	Steve Nimmock	Dereham	39:48
12	Greg Rowe	U/A	40:12

13	Carwyn James	W Norfolk	40:16
14	Kevin Taylor	Ryston	42:23
15	Steve Rush	Tri-A	44:56
16	Derek Baldwin	Diss	45:29

VET MEN 50

1	Alan Dawson	St Ed	32:51
2	Rini Hoogkamer	CN	32:56
3	Andrew Houghton	U/A	0.02
4	Les Scott	Ryston	34:17
5	Kevin Howlett	Ryston	35:06
6	John Harding	CN	35:22
7	Jeremy Bolam	NNBR	36:18
8	Peter Thompson	Gazelles	37:10
9	Jim Davies	Fell R	37:47
10	Clive Harrod	Fenland	37:48
11	Luke Harman	Ryston	38:13
12	Steve Gilbert	U/A	38:20
13	Gerald Meah	C & C	39:08
14	Tom Wade	NNBR	40:22
15	Chris Milnes	Ryston	40:43
16	Tony Smith	U/A	44:43
17	Ozzi Deneri	Fenland	46:57

VET MEN 55

1	Pete Johnson	Gazelles	33:42
2	Colin Simpson	Fenland	35:49
3	Paul Firmage	Ryston	37:28
4	Chris Burgess	Eye	37:34
5	Alan Burgin	Hunts	37:43
6	Colin Ferguson	Fenland	38:22
7	Ian Reeve	W Norfolk	39:33
8	Mark Tayler	NRR	40:08
9	Philip Seaman	Ryston	43:46
10	John Richardson	Dereham	43:49
11	Robert Scarfe	Wym	45:50
12	Tony Dwight	Eye	54:52

VET MEN 60

1	Kevin Youngs	Gazelles	33:56
2	Tony Gray	Eye	37:58
3	Clem Vogler	Dereham	38:34
4	Martin Simmonds	Ryston	39:44
5	Robert Price	St Ed	39:56
6	David Gilbert	Tri-A	40:47
7	Tony Barstard	Dereham	41:31
8	Terry Gamble	W Norfolk	42:56
9	Vic Leeder	U/A	44:46
10	Ernie Bradshaw	Dereham	45:25
11	Louis Cooper	Wym	47:55
12	Mick Bishop	U/A	54:26
13	Louis Miller	Thorpe	1:07:23