

WOODBIDGE AND DISTRICT LIONS CLUB
RESULTS - MARTLESHAM HEATH 10KM RACE AND FUN RUN 12 OCTOBER 2008

10KM RACE						
Name	Age	Gender	Club	Bib No	Ind Time	Ind Posn
CARL PREWER	38	M	LOWESTOFT ROAD RUNNERS	330	33,55	1
ROGER ALDIS	40	M	STOWMARKET STRIDERS	362	33,58	2
PAUL HOLLEY	42	M	NEWMARKET JOGGERS	433	34,19	3
Nick Palmer	33	M	STOWMARKET STRIDERS	217	35,22	4
JASON BERRY	39	M		348	35,59	5
WILFRED CAMPBELL	44	M	IPSWICH JAFFA	275	36,34	6
BAARD GRINDBERG	40	M	TRI-ANGLIA	372	36,38	7
ROGER STONE	40	M	FELIXSTOWE ROAD RUNNERS	325	36,39	8
THOMAS JARRETT	34	M	IPSWICH JAFFA	364	37,03	9
SCOTT MACSEPHNEY	41	M	IPSWICH JAFFA	357	37,05	10
THOMAS LOVE	20	M	IPSWICH HARRIERS	272	37,06	11
MARK HAYNES	31	M	COLTISHALL JAGUARS	326	37,45	12
BRAD JONES	35	M	IPSWICH JAFFA	389	38,18	13
STEVE BATES	36	M	COLTISHALL JAGUARS	328	38,20	14
SIMON HARRISON	34	M	IPSWICH JAFFA	380	38,28	15
Stuart Green	48	M	STOWMARKET STRIDERS	221	38,45	16
MARTIN BARKEB	37	M		404	38,54	17
TIM HANMAN	37	M		377	39,06	18
DARREN EDRIDGE	40	M	COLTISHALL JAGUARS	300	39,29	19
ROSS FAWCETT	16	M	IPSWICH HARRIERS	317	39,37	20
RICHARD HUDSON	45	M		409	39,38	21
RICHARD SMITH	47	M	WOODBIDGE SHUFFLERS	384	39,43	22
PAUL BROOKSHAW	45	M	GREAT YARMOUTH ROAD RUNNERS	262	39,52	23
PAUL SHAW	41	M	FELIXSTOWE ROAD RUNNERS	424	39,56	24
JIM HARDWICKE	43	M		254	40,02	25
STEVEN RENDELL-READ	45	M	LOWESTOFT ROAD RUNNERS	289	40,27	26
JON GITTOES	29	M		292	40,35	27
Andrew Pyett	45	M	MARTLESHAM LEISURE	206	40,47	28
KEVIN HARDINGHAM	50	M	NORFOLK GAZELLES	329	40,52	29
MARK WOMACK	38	M	LOWESTOFT ROAD RUNNERS	355	40,54	30
MARK ARBON	45	M		270	40,56	32
NEVILLE CLARKE	54	M	NEWMARKET JOGGERS	396	40,56	31
CHRISTOPHER BATTY	35	M	FELIXSTOWE ROAD RUNNERS	321	41,04	33
BILL WATSON	42	M	READING ROAD RUNNERS	344	41,28	34
Penny Rooney	31	F	WOODBIDGE SHUFFLERS	208	41,29	35
ROBERT COLE	19	M		434	41,41	36
GREG MARSHALL	56	M	TREASURY RUNNING CLUB	250	41,44	37
RICHARD KING	48	M		426	41,50	38
Richard Langfield	44	M		213	42,15	39
DANIEL GRAHAM	34	M		351	42,24	40
KEVIN BIRD	44	M	IPSWICH JAFFA	410	42,27	41
DAVID MARSH	30	M	IPSWICH JAFFA	400	42,33	42
STEVE WHITTAKER	44	M		416	42,38	43
STEPHEN CURRAN	45	M	WOODBIDGE SHUFFLERS	395	42,40	44
BRIAN AIRLIE	41	M	HADLEIGH HARES	312	42,43	45
TIM HIGGINS	44	M	IPSWICH JAFFA	234	42,45	46
CHRIS PERRY	33	M	ST EDMUNDS PACERS	266	43,21	47
Michelle Gordon	27	F	FELIXSTOWE ROAD RUNNERS	219	43,33	48
NICOLA RAMSEY	29	F	IPSWICH JAFFA	256	43,47	49
IAIN JOHNSTON	27	M		391	43,47	50
BARRY HOWARD	38	M		314	44,07	51
ANDREW BUDD	49	M		281	44,09	52
ROB CLAYTON	51	M	FELIXSTOWE ROAD RUNNERS	260	44,14	53
PAUL WIGENS	49	M	WOODBIDGE SHUFFLERS	382	44,15	54
Matt Davey	30	M	KPMG Running Club	214	44,16	55
MARK ANDREWS	41	M		290	44,24	56
MARK LANKESTER	40	M	FELIXSTOWE ROAD RUNNERS	376	44,44	57
STEPHEN CHAMBERS	27	M		370	44,57	58
NEIL HIGGINS	34	M		334	44,59	59
MARK ELFLETT	45	M	LOWESTOFT ROAD RUNNERS	338	45,04	60
MICK STAINES	61	M	PITSEA RC	336	45,07	61
JOHN REYNOLDS	41	M		225	45,11	62
WILLIAM ANDREWS	23	M		419	45,14	63
HUGO CATCHPOLE	18	M	IPSWICH TRI CLUB	231	45,26	64
MARK FLETCHER	40	M		414	45,28	65
FEMO ARIYO	33	M		429	45,28	66

WOODBIDGE AND DISTRICT LIONS CLUB
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KAREN ARCHBOLD	41	F	LOWESTOFT ROAD RUNNERS	249	45,31	67
MICK GILBERT	57	M	IPSWICH JAFFA	340	45,41	68
HANNAH WOOD	35	F	IPSWICH JAFFA	352	45,44	69
DUNCAN JACKSON	33	M	MARTLESHAM LEISURE	398	45,52	70
JULIE BROWN	46	F	IPSWICH JAFFA	406	45,57	71
PAULINE NORMAN	58	F	LOWESTOFT ROAD RUNNERS	267	46,01	157
STEPHEN WADE	37	M	MARTLESHAM LEISURE	394	46,10	73
FRED BOGGIS	51	M	WOODBIDGE SHUFFLERS	320	46,17	74
CATHY LAMBERT	42	F	ST EDMUNDS PACERS	383	46,47	75
NICK LEECH	46	M		350	46,56	76
RICHARD FELLINGHAM	60	M	STOWMARKET STRIDERS	431	47,04	77
JOHN LAMBERT	63	M	IPSWICH JAFFA	361	47,09	78
JOHN REDNALL	44	M	STOWMARKET STRIDERS	349	47,23	79
David Ingleby	55	M	HADLEIGH HARES	215	47,28	80
ADRIAN MARK PEAKE	43	M	IPSWICH JAFFA	345	47,33	81
MARK GOODWIN	36	M		368	47,33	82
CHRISTINE MARSH	52	F	WOODBIDGE SHUFFLERS	399	47,36	83
JOHN PENNY	53	M		438	47,44	84
MIKE COOPER	51	M	IPSWICH JAFFA	285	47,45	85
MICK SEARS	52	M	WOODBIDGE SHUFFLERS	293	47,47	86
KIRSTIN HAMILTON	15	F	IPSWICH HARRIERS	261	47,54	87
CHRISTINE CAPSTICK	41	F	MARTLESHAM LEISURE	425	47,54	88
MARK AVERLY	42	M	IPSWICH JAFFA	439	47,55	89
Emma Mortimer	17	F	IPSWICH JAFFA	223	47,59	90
VERONICA MANLY	60	F	NO. 2780379	274	48,03	91
CARLA DORMON	44	F		305	48,08	92
CHRIS JOHNSON	24	M		418	48,27	93
RICHARD TALBOT	52	M	MARTLESHAM LEISURE	379	48,38	94
ADAM DUNN	41	M		354	48,41	95
HILARY WOOD	46	F	IPSWICH JAFFA	373	49,04	96
ADAM RAMSEY	30	M	IPSWICH JAFFA	257	49,08	97
ANN FLORENCE	56	F	DISS AC	339	49,11	98
ADAM RICHARDSON	36	M		353	49,15	99
KEN GOULD	44	M	MARTLESHAM LEISURE	402	49,22	100
DAVID HUTCHEON	64	M	COLTISHALL JAGUARS	307	49,24	101
KEVIN PRYKE	27	M		386	49,34	102
CARL COLLINS	34	M		294	49,41	103
LEE BERRY	31	M		297	49,41	104
STEPHEN WOOD	51	M	IPSWICH JAFFA	374	49,56	105
DIANE KNIGHTS	51	F	STOWMARKET STRIDERS	323	50,05	106
MICHAEL TAYLOR	55	M		421	50,05	107
MAUREEN WRIGHT	62	F	IPSWICH JAFFA	306	50,22	108
CLARE SPURLING	32	F		296	50,25	109
ANDREW FORD	29	M		229	50,27	110
RUSSELL DAVEY	40	M		387	50,29	111
JOHN WEBB	60	M		417	50,32	112
WILLIAM CATCHPOLE	49	M	IPSWICH TRI CLUB	233	50,35	113
ROBERT ANSELL	41	M		299	50,37	114
IRIS CARR	36	F		240	50,39	116
GRAHAM STEWARD	42	M		413	50,39	115
Richard Attenborrow	57	M		212	50,49	117
PATRICK CARLIN	45	M		337	51,00	118
JOHN VANWEEGEN	44	M	STOWMARKET STRIDERS	301	51,11	119
BRENDA HUTCHEON	60	F	COLTISHALL JAGUARS	308	51,15	121
ALISON HORNER	29	F	COLTISHALL JAGUARS	327	51,15	120
DUNCAN RUSSELL	36	M		423	51,19	122
KELVIN STOPHER	42	M		390	51,29	123
NEAL GOLDSMITH	31	M	IPSWICH JAFFA	237	51,30	124
DEBBIE GHANT	42	F	STOWMARKET STRIDERS	346	51,31	125
CAROL NOKES	50	F	HADLEIGH HARES	271	51,34	126
SALLY SHERINGTON	49	F		381	51,35	127
D COLEY	59	M	IPSWICH JAFFA	440	51,40	128
LES BASHAM	58	M	STOWMARKET STRIDERS	378	51,49	129
KATE STANNETT	47	F	IPSWICH TRIATHLON CLUB	264	52,00	130
CHARLIE STANNETT	52	M	IPSWICH TRIATHLON CLUB	265	52,00	131
ALISON TAYLOR	42	F		331	52,04	132
TIM HARWOOD	36	M		284	52,07	133
ROGER GARNETT	51	M	MARTLESHAM LEISURE	335	52,08	134

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SUE OSBORNE	40	F		430	52,09	135
ANGELIQUE SCULLY	36	F	IPSWICH JAFFA	252	52,14	136
JOHN SCULLY	37	M		251	52,15	137
JENNIFER COOTE	41	F	IPSWICH JAFFA	411	52,19	139
KEVIN HARVELL	40	M		412	52,19	138
COLIN DALE	36	M		343	52,27	140
Faye Dodwell	24	F		220	52,29	141
SARAH HUNT	42	F	HADLEIGH HARES	316	52,46	142
SIMON GOLDSMITH	34	M		246	53,09	143
GI CHEUNG	40	M	IPSWICH JAFFA	322	53,11	144
MICK SVINOS	33	M		269	53,14	145
DAVID COLE	80	M		435	53,14	146
ANITA MIDDLEDITCH	35	F		276	53,15	147
SANDRA COWLE		F		415	53,20	148
PETER WARREN	52	M	CITY OF NORWICH	283	53,23	149
DAVE GREGGOR	45	M	IPSWICH JAFFA	420	53,32	150
NIK BESTOW	47	M	IPSWICH TRIATHLON CLUB	407	53,38	151
ALEX KNIGHTS	29	M		369	53,40	152
EMMA HILTON	36	F	WOODBIDGE SHUFFLERS	239	53,52	153
ANTHONY GOODWIN	65	M		333	54,12	154
IAN LIGHTFOOT	27	M	WOODBIDGE SHUFFLERS	359	54,13	155
HELEN RANKIN	41	F		277	54,19	156
SALLY SUETT	35	F		367	54,21	72
BETH WARREN	33	F		366	54,21	158
SUSAN RENDELL-READ	45	F	LOWESTOFT ROAD RUNNERS	288	54,30	159
RONEL VAN DER MERWE	49	F		268	54,51	160
PETER FRYER	64	M		235	54,52	161
EVE DUNN	46	F		385	55,05	162
JULIE THURLOW	53	F	IPSWICH JAFFA	258	55,13	163
ROBIN MERRITT	53	M		403	55,38	164
SARA THOMAS	39	F		356	55,43	165
NICOLA MACSEPHNEY	37	F		358	55,48	166
Jill Anderson	54	F	FRAMLINGHAM FLYERS	205	55,52	167
MAXINE TURNER	52	F		226	55,55	168
Emma Hibbert	37	F		204	56,12	169
JACKIE LANGFIELD	42	F		318	56,17	170
JAMES GILBERT	35	M	IPSWICH JAFFA	241	56,25	171
HEIDI BROWN	16	F	IPSWICH JAFFA	405	56,34	172
MAURICE MCQUITTY	47	M		287	56,38	174
KAREN CHAMBERLAIN	40	F	IPSWICH JAFFA	302	56,38	173
Cheryl Deitch	55	F	MARTLESHAM LEISURE	211	57,12	175
MARK CRACK	44	M		286	57,23	176
CLAIRE VAN LEERSUM	46	F		428	57,23	177
AVERILL MEW	52	F	WOODBIDGE SHUFFLERS	408	57,30	179
KAREN EASTON	47	F	WOODBIDGE SHUFFLERS	432	57,30	178
ROSEMARY TYLER	57	F	STOWMARKET STRIDERS	303	57,36	180
KATY NASH	37	F	STOWMARKET STRIDERS	371	57,37	181
Brian Nelson	61	M	MARTLESHAM LEISURE	216	57,50	182
ANN HIRST	37	F		313	57,51	183
HELEN FINEGAW	17	F	FELIXSTOWE ROAD RUNNERS	309	58,34	184
LESLEY WATT	51	F	STOWMARKET STRIDERS	360	58,56	185
JOANNE TURNER	26	F		401	59,01	186
BOB JACK	48	M	BUNGAY BLACK DOG	304	59,26	187
CORINNA HUSSEY	35	F	HADLEIGH HARES	397	59,32	188
MARY CLARKE	58	F		363	60,03	189
JANE CHAVE	46	F		375	60,17	190
URSULA GOLDSMITH	51	F		342	60,37	192
TESSA CATCHPOLE	49	F	IPSWICH TRI CLUB	232	60,37	193
MARK GOLDSMITH	49	M		341	60,37	191
JO PAYNE	46	F		427	60,38	194
ALISON LEECH	38	F		279	60,40	195
JULIA EASTER	41	F	GOYT VALLEY STRIDERS	236	60,53	196
CHRISTINE BLOOMFIELD	52	F	NORFOLK GAZELLES	282	62,13	197
BRIAN TURNER	70	M	IPSWICH JAFFA	253	62,29	198
MIKE HILL	58	M		291	62,33	199
Stephen Fryer	60	M		207	62,49	200
SUSAN SEGGAR	58	F	STOWMARKET STRIDERS	324	63,01	201
ABI KERNAHAN	23	F		437	63,13	202

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OLIVER THURTLÉ	23	M		436	63,37	203
MANDY SPURGEON	44	F		332	64,49	204
PIP WILSON	38	F		298	64,56	205
JO HOWARD	44	F		248	65,24	206
NEIL JACKSON	48	M	WOLVES AND BILSTON	393	65,24	207
KIRSTY WHITE	36	F	CANINE PARTNERS ASSISTANCE DOGS	315	67,43	208
KEV DRIVER	42	F		245	68,08	209
JENNI CARBERRY	36	F		247	68,26	210
KATRINA THROWER	31	F	MARTLESHAM LEISURE	278	68,56	211
THOMAS O'BRIEN	55	M		365	69,45	212
Nikki Bloom	37	F		203	75,38	213
SUZANNE FISHER	45	F		388	78,23	214
ALISON JACKSON	43	F		392	78,24	215
JONATHAN FORD	26	M		228	NF	
STOEPHANIE WALLER	26	F		244	NF	
JOY LIGHTFOOT	62	F	FRAMLINGHAM FLYERS	273	NF	
SPENSER WIX	27	M	WOODBIDGE SHUFFLERS	280	NF	
TIM FINEGAW	46	M	FELIXSTOWE ROAD RUNNERS	310	NF	
DANIEL FINEGAW	11	M	FELIXSTOWE ROAD RUNNERS	311	NF	
DAVID MASON	55	M	GRAVESEND ROAD RUNNERS	319	NF	
PETER DOWNING - WHEELCHAIR	56	M		347	NF	
JANE TAYLOR	49	F		422	NF	
Janine Goulding	47	F		201	NS	
Ivan Goulding	48	M		202	NS	
Paul De Bree	37	M	MARTLESHAM LEISURE	209	NS	
Becky De Bree	32	F	MARTLESHAM LEISURE	210	NS	
Phillip Laurier	59	M	LOWESTOFT ROAD RUNNERS	218	NS	
Stuart Moyes	33	M		222	NS	
Camilla Reynolds	38	F		224	NS	
BEN HUDSON	27	M		227	NS	
JASON CLARK	32	M		230	NS	
SARAH OLIVER	?	F		238	NS	
CLIVE QUANTRILL	40	M	IPSWICH JAFFA	242	NS	
WENDY QUANTRILL	35	F	IPSWICH JAFFA	243	NS	
LINDSAY HINCHSLIFFE	29	F		255	NS	
CHRIS MILES	29	M		259	NS	
JACQUELINE CHUBB	44	F	IPSWICH TRIATHLON CLUB	263	NS	
STEVEN BERRY	29	M		295	NS	
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WOODBIDGE AND DISTRICT LIONS CLUB
RESULTS - MARTLESHAM HEATH 10KM RACE AND FUN RUN 12 OCTOBER 2008

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FUN RUN						
Name	Age	Gender	Club	Bib No	Ind Time	Ind Posn
ANDREW REVELL	13	M	IPSWICH HARRIERS	30	10,37	1
JAMES POWLEY	14	M	IPSWICH JAFFA	70	10,44	2
EDWARD LOVE	16	M		23	11,03	3
KIERAN MCMOORAN	12	M	WAVENEY VALLY AC	3	11,07	4
SAM ALLEN	10	M		10	11,58	5
KIERAN DISDLE	12	M		67	12,23	6
JONATHAN PALMER	14	M		6	12,31	7
SAM MARSH	12	M		18	12,38	8
KATIE PEAKE	11	F	IPSWICH JAFFA	47	12,41	9
LAURA REVELL	15	F	IPSWICH HARRIERS	28	12,41	10
CHARLOTTE WICKERS	11	F		75	12,46	11
HENRY JAMES	9	M		31	12,52	12
CALLUM FRAY	11	M	JAFFA JOGGERS	100	12,58	13
ROBERT ALAND	12	M		78	13,00	14
ASHLEY HORNE	11	M		59	13,05	15
JENNY HARDWICKE	14	F		92	13,07	16
DANIEL WHITING	13	M	ST EDMUNDS PACERS	22	13,09	17
GEORGE TUCK	10	M		72	13,32	18
IEUAN ALLDIS	11	M	ST EDMUNDS PACERS	4	13,34	19
OLIVER JOHNS	11	M		61	13,38	20
TRISTAN FINBOW	14	M		109	13,41	21
THEO MARSH	9	M		19	13,42	22
BRADLEY POTTS	8	M		98	13,44	23
DELME COX	25	M		99	13,44	24
JACK HARDWICKE	11	M		91	13,50	25
LAURA COOLEGDE	9	F		66	13,53	26
RUBY BUDD	13	F		26	13,57	27
LAUREN GRUBB	9	F		35	13,58	28
DERRICK TOWELL	46	M		103	14,02	29
DANIEL FINEGAW	11	M	FELIXSTOWE ROAD RUNNERS	311	14,20	30
JACQUES ANDERSON	11	M		110	14,27	31
JAMES BOWSKILL	10	M		20	14,33	32
CHRISTOPHER ROYAL	8	M	ST EDMUNDS PACERS	69	14,35	33
ANDREW GASKIN	8	M		37	14,37	35
JACK THEOBALD	9	M		68	14,37	34
THOMAS LESCAINT	10	M		107	14,38	36
FREYN WYNNE	10	F		101	14,39	37
LUCY PEAKE	9	F		46	14,40	38
CHRIS ALAND	10	M		77	14,41	39
DAVID ALAND	47	M		76	14,43	40
MACULAY WALNE	13	M		14	14,43	41
REBECCA HORNE	13	F		60	14,46	42
MICHAEL REVELL	13	M		29	14,53	43
JAMIE SMITH	7	M		80	15,00	44
CARA DESSAUR	8	F		17	15,04	45
JOSEPH HODGE	8	M		79	15,08	46
ROSE MORTIMER	9	F		1	15,12	47
JOSHUA WOMACK	8	M	WAVENEY VALLY AC	55	15,16	48
MIRI BUDD	9	F		27	15,31	49
NATASHA GOLDSMITH	15	F		41	15,54	50
TOM AUSTIN	15	M		56	15,59	51
BEN HIGGINS	8	M		5	16,00	52
EMMA LODGE	14	F		104	16,03	53
ELLIE RANKIN	9	F		25	16,15	55
PHIL LODGE	50	M		105	16,15	54
HARRY TUCK	7	M		71	16,16	56
BRENDAN TUCK	43	M		73	16,23	57
EMMA PEAKE	13	F	IPSWICH JAFFA	45	16,23	59
OLIVER DABLE	9	M		49	16,23	58
JACK LESAINT	8	M		108	16,35	60
DAVID LESAINT	41	M		106	16,38	61
THOMAS FLETCHER	7	M		85	16,42	62
MIIA DESSAUR	8	F		16	16,52	63
RYAN MURPHY	10	M		40	17,00	64
WILLIAM DRIVER	15	M		8	17,03	65
WILL HICKS	10	M		39	17,08	66

WOODBIDGE AND DISTRICT LIONS CLUB
RESULTS - MARTLESHAM HEATH 10KM RACE AND FUN RUN 12 OCTOBER 2008

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