

RESULTS

Pos	Cat	(pos)	Time	Id.		
1	C	M 1	0:55:49	20	GRIMER,NICK	Nene Valley Harriers
2		M 2	0:56:02	292	SHEPHERD,MARK	Team Kennet
3		M45 1	0:56:23	140	REED,DAVID	Saint Edmunds Pacers
4	E	M40 1	0:56:45	78	DADD,TONY	Bedford Harriers
5	C	M 3	0:58:02	316	MARKLEY,SIMON	Thomas Cook RR
6		M 4	0:58:46	237	SANDS,MARK	Sleaford Striders
7	C	M 5	0:58:53	337	COCKRELL,STEVEN	Fenland RC
8	C	M40 2	0:59:19	169	TUFF,MALCOLM	Ryston Runners
9	C	M40 3	0:59:26	127	MANLOW,JOHN	Ely Runners
10		M40 4	0:59:29	278	COIANIZ,ALESSANDR	Cambridge & Coleridge
11	E	M50 1	0:59:32	138	VAN LOKVEN,IAN	Milton Keynes A.C.
12	C	M 6	0:59:44	223	NASH,JOHN	Nene Valley Harriers
13	C	M50 2	1:00:04	209	JOHNSON,PETER	Norfolk Gazelles
14		M50 3	1:00:12	235	GODKIN,JAMES	Unattached
15	CE	M40 5	1:01:06	217	CAPETTI,GIACOMO	Cambridge & Coleridge
16		M 7	1:01:18	249	BALMER,CHRIS	Ryston Runners
17	C	M40 6	1:01:29	109	HENSBY,PAUL	March A.C.
18		M 8	1:01:48	301	PRITCHARD,ALAN	Cambridge & Coleridge
19		M40 7	1:01:50	238	FERGUSON,JOHN	Cambridge & Coleridge
20		M 9	1:01:51	99	LEVY,SIMON	Ryston Runners
21	E	M50 4	1:02:03	143	DAWSON,ALAN	Saint Edmunds Pacers
22	C	M45 2	1:02:07	152	TOMLINSON,GEOFFREY	Great Bentley R.C.
23		M 10	1:02:17	31	CHAPPELL,WAYNE	Unattached
24	E	M40 8	1:02:32	79	IVE,MARTIN	Ryston Runners
25		M 11	1:02:45	178	WORTLEY,MATTHEW	Ryston Runners
26		M 12	1:03:00	61	Brooks, Lee	BRJ Road Running Club
27	E	M50 5	1:03:08	117	CHAPMAN,JOHN	Stopsley Striders
28	CE	M45 3	1:03:23	341	REED,MAURICE	Ely Runners
29	CE	M45 4	1:03:40	1	HUNT,SHANE	Hunts A.C.
30		M40 9	1:03:44	195	SHIELDS,ANDREW	Cambridge & Coleridge

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A.C.	31	M40	10	1:03:52	231	KELLAND,PETER	RUGBY & NORTHAMPTON
	32	M45	5	1:04:05	212	MARSHALL,DEAN	Nene Valley Harriers
	33	M	13	1:04:09	29	MEAD,SIMON	Ramsey Road Runners
	34	M	14	1:04:18	351	HEMMINGS,LANCE	Nene Valley Harriers
	35	E M60	1	1:04:25	100	SALWAY,TOM	Nene Valley Harriers
	36	M	15	1:04:35	329	CROUCHER,MICHAEL	March A.C.
	37	C M	16	1:04:39	248	MOORE,MICHAEL	Werrington Joggers
	38	M	17	1:04:41	314	SMITH,MIKE	Cambridge & Coleridge
	39	M	18	1:04:45	245	DAVIES,PETER	Peterborough AC
	40	M45	6	1:04:47	112	KNIGHTS,NEVILLE	Dereham Runners
	41	C M	19	1:04:51	289	SHADWELL,MICHAEL	Yaxley Runners
	42	M45	7	1:05:00	308	CINQUE,GIULIO	Cambridge & Coleridge
	43	E M40	11	1:05:03	124	MORGAN,SIMON	Tiptree Road Runners
	44	M55	1	1:05:12	270	BOWEN,SIMON	Cambridge & Coleridge
	45	E M65	1	1:05:13	122	BEES,FRED	Great Bentley R.C.
	46	M50	6	1:05:17	244	CHAPMAN,GRAHAM	Ely Runners
	47	C M	20	1:05:29	312	RAYMENT,DAVE	Thomas Cook RR
	48	M45	8	1:05:34	120	WRIGHT,JOHN	BRJ Road Running Club
	49	C M45	9	1:05:40	311	HUCKLE,JULIAN	Werrington Joggers
	50	M45	10	1:06:10	90	CASTLETON,JOHN	Unattached
	51	E M45	11	1:06:14	56	SAVAGE,TONY	Ryston Runners
	52	F35	1	1:06:18	267	WAKEFIELD,CAROLINE	Thetford AC
	53	M	21	1:06:22	12	BURGESS,SIMON	Yaxley Runners
	54	M	22	1:06:29	192	BELL,DAVE	Yaxley Runners
	55	C M50	7	1:06:30	159	DORLING,EAMONN	Thorney R.C.
	56	M	23	1:06:32	251	MARSHALL,IAN	Hunts A.C.
	57	M	24	1:06:33	216	NIJAK,JAROSLAW	Nene Valley Harriers
	58	M50	8	1:06:40	322	NEEDHAM,DAVE	Swaledale Road Runners
	59	C F	1	1:06:46	54	CASKEY,SARAH	Peterborough AC
	60	F35	2	1:06:49	199	JESSON,MAREE	Northampton R.R.C.
	61	C M	25	1:06:50	253	PHILLIPS,CHRIS	Werrington Joggers

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62	M	26	1:07:15	269	POPPLER, NATHAN	Peterborough AC
63	M50	9	1:07:20	230	HOWLETT, KEVIN	Ryston Runners
64	M40	12	1:07:33	275	HINSELWOOD, STEVE	Unattached
65	M50	10	1:07:36	318	HEMINGWAY, MAURICE	Riverside Runners
66	M	27	1:07:38	158	MOAT, DARREN	March A.C.
67	CE M50	11	1:07:39	55	NEEDHAM, PAUL	Ely Runners
68	C M50	12	1:07:42	126	LARHAM, ANDREW	March A.C.
69	M	28	1:07:43	268	DOHERTY, DAN	Wellingborough A.C.
70	M45	12	1:07:44	191	WARNE, BARRY	Nene Valley Harriers
71	M55	2	1:08:12	154	BURGESS, CHRIS	Eye Community Runners
72	M	29	1:08:29	69	SMITH, DARREN	Ryston Runners
73	M	30	1:08:42	273	FULCHER, JAMES	March A.C.
74	M	31	1:08:47	162	PRESTON, DARREN	Unattached
75	C M	32	1:08:54	187	THODAY, STEVEN	Cambridge & Coleridge
76	F40	1	1:09:12	139	SCARROTT, YVONNE	Northampton R.R.C.
77	C F45	1	1:09:20	129	IRVING, SUE	March A.C.
78	E M50	13	1:09:23	198	SARGENT, ROB	Loughton A.C.
79	M	33	1:09:34	242	MCGUFFOG, OLIVER	Unattached
80	C M40	13	1:09:55	194	HALL, ANDREW	Werrington Joggers
81	C M55	3	1:09:57	108	CAVE, RON	Werrington Joggers
82	C F	2	1:09:58	21	GRIMER, LAURA	Nene Valley Harriers
83	M	34	1:10:03	232	HAMMOND, RICHARD	Fenland RC
84	F35	3	1:10:03	334	DIFFEY, JOANNE	LAKESIDE LINCOLN
85	F35	4	1:10:04	144	MCCALL, MARION	Thetford AC
86	C M60	2	1:10:14	340	GOODENOUGH, BRIAN	Thorney R.C.
87	F	3	1:10:23	302	PRITCHARD, CAROLINE	Cambridge & Coleridge
88	F	4	1:10:40	294	WARD, KATIE	March A.C.
89	M	35	1:10:43	274	BURTON, HUGH	Yaxley Runners
90	F45	2	1:10:44	77	GIBBINS, DEBORAH	Benfleet Running Club
91	M45	13	1:10:47	296	HERNE, ANDREW	Cambridge & Coleridge
92	M40	14	1:10:50	315	PAYNE, MARK	March A.C.

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93	C	M	36	1:10:54	204	SHRIMPTON, MARK	Fenland RC
94		M45	14	1:10:58	136	PEACOCK, LENNY	Yaxley Runners
95		M55	4	1:11:00	200	EMERY, TREVOR	North Norfolk Beach
Runners 96		M55	5	1:11:03	343	FERGUSON, COLIN	Fenland RC
97		M45	15	1:11:07	180	BRAMMER, DAVID	March A.C.
98	C	M40	15	1:11:16	104	HALL, RODNEY	Werrington Joggers
99		M	37	1:11:23	345	RAVEN, STEVEN	March A.C.
100		M60	3	1:11:37	241	BARLTOP, VERNE	100 Marathon Club
101	C	M50	14	1:11:40	265	MEAH, GERALD	Cambridge & Coleridge
102	C	F40	2	1:11:46	188	WAIT, DEBRA	March A.C.
103		M45	16	1:12:14	70	REES, NIGEL	Unattached
104		M45	17	1:12:18	320	MCNAB, ROBERT	Nene Valley Harriers
105	CE	M55	6	1:12:22	81	DOWNIE, ALEX	Cambridge & Coleridge
106		F35	5	1:12:25	102	PATTERSON, KAREN	March A.C.
107	C	M55	7	1:12:27	236	DAKIN, MICHAEL	Sleaford Striders
108		M40	16	1:12:33	335	MEHMET, KEMAL	Kettering Harriers
109	C	M	38	1:12:36	9	BRETT, ANDREW	Ramsey Road Runners
110		M	39	1:12:38	163	THOMPSON, SEAN	Ramsey Road Runners
111		M40	17	1:12:49	60	GIMBLETT, WAYNE	Hunts A.C.
112		M50	15	1:12:53	280	ROLFE, LES	Wellingborough A.C.
113	C	M55	8	1:12:55	303	ELLIS, ROB	Ely Runners
114		F35	6	1:12:58	181	LEE, SARAH	Bedford Harriers
115		M40	18	1:13:07	93	NAVRADY, JEREMY	Ryston Runners
116		M	40	1:13:14	98	WEST, PETER	March A.C.
117		M	41	1:13:18	37	DUPE, Bruce	Unattached
118		M40	19	1:13:28	173	BOYD, TIM	March A.C.
119		M45	18	1:13:33	262	RANDS, MARTIN	MaCCLESFIELD HARRIERS
120		M45	19	1:13:41	8	ASHURST, STEPHEN	Ramsey Road Runners
121		M	42	1:13:42	171	SALMONS, MARK	March A.C.
122		F	5	1:13:44	62	PRIOR, MICHELLE	Ramsey Road Runners
123	C	F45	3	1:13:45	243	BRADBURY, ANNIE	Ryston Runners

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124	M	43	1:13:49	5	WILTON,ANTHONY	SUNDERLAND STROLLERS		
125	E	F55	1	1:13:59	213	TANNER,LYNN Eastern Vets A.C.		
126	M	44	1:14:07	4	WILTON,MATTHEW	Unattached		
127	C	M50	16	1:14:13	310	MCDONALD,ROD Werrington Joggers		
128	C	M50	17	1:14:17	215	HOWES,GEOFF Thorney R.C.		
129	M	45	1:14:25	146	BIRD,NICHOLAS	Unattached		
130	E	M65	2	1:14:31	111	PRICE,ROBERT Saint Edmunds Pacers		
131	E	F35	7	1:14:31	121	VICK,SARAH The SAXONS		
132		M40	20	1:14:37	118	DOCKERILL,STRUIE BRJ Road Running Club		
133		F	6	1:14:38	333	GIBBONS,CARLA Kettering Harriers		
134		M50	18	1:14:40	338	HARROD,CLIVE Fenland RC		
135		M45	20	1:14:46	33	HILL,LESLIE Norfolk Gazelles		
136		F40	3	1:14:46	150	COOPER,LUCY Norfolk Gazelles		
137	C	M40	21	1:14:57	225	ROWE,MARTIN Hunts A.C.		
138	C	M	46	1:15:05	114	STIMSON,WAYNE March A.C.		
139		M	47	1:15:07	350	SEWELL,STUART Fenland RC		
140		M	48	1:15:14	64	MILLS,EDWARD Unattached		
141	E	M50	19	1:15:16	229	MILNES,CHRISTOPH Ryston Runners		
142		M40	22	1:15:28	306	PORTER,JONATHAN Unattached		
143		M	49	1:15:39	324	LLOYD,SCOTT Werrington Joggers		
144		M50	20	1:15:44	196	WADE,IAN North Norfolk Beach		
Runners		145	E	M45	21	1:15:47	221	TODD,IAN West Norfolk AC
		146		M40	23	1:15:50	13	BONNER,SHAUN UK NET RUNNER
		147		M65	3	1:15:59	222	HAYWARD,GEOFF North Norfolk Beach
Runners		148		M45	22	1:16:06	344	JAMES,CARLYN West Norfolk AC
		149	E	F55	2	1:16:40	123	WOOLLER,DIANE Colchester & Tendring
AC		150		M55	9	1:16:41	189	THURSTON,LES Bishops Stortford R.C.
		151		M40	24	1:16:48	97	DRUCE,JON Unattached
		152		F40	4	1:16:49	277	BRYDEN,TRACEY BRJ Road Running Club
		153		M45	23	1:16:49	197	HOOD,DAVID Fenland RC
		154		F	7	1:17:36	155	BURGESS,MAXINE Newmarket Joggers

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155	C	M	50	1:17:42	227	MASON, DAVID	Bushfield Joggers
156		M	51	1:17:45	290	MARRIOT, SEAN	Unattached
157		M45	24	1:17:47	67	BISHOP, ROB	Bedford Harriers
158		F40	5	1:17:50	157	HENSBY, DENISE	March A.C.
159		M50	21	1:17:50	66	CARDER, ADRIAN	Unattached
160	C	M45	25	1:17:52	287	REDFERN, SIMON	Cambridge & Coleridge
161		M50	22	1:17:53	35	SHENTON, PETER	Cambridge & Coleridge
162		M	52	1:17:58	84	FULCHER, JOHN	March A.C.
163		M45	26	1:18:14	283	DOWDY, NICK	Ely Runners
164	C	M	53	1:18:14	137	COX, MICK	Werrington Joggers
165	C	M	54	1:18:18	91	HARDING, ANDY	Thorney R.C.
166		M	55	1:18:23	266	THOMPSON, GEOFFREY	Unattached
167	C	M40	25	1:18:25	88	WRIGHT, MIKE	Eye Community Runners
168		M	56	1:18:25	250	PEARSON, GORDON	Eye Community Runners
169	C	F50	1	1:18:26	349	COOKE, FRANCES	March A.C.
170		M50	23	1:18:28	168	THOMAS, JUDITH	Werrington Joggers
171		M60	4	1:18:29	218	SPRUCE, NOEL	North Norfolk Beach
Runners		M60	5	1:18:33	307	FELL, JIM	Werrington Joggers
172		M50	24	1:18:47	101	HEWES, COLIN	UK NET RUNNER
173		M	57	1:18:50	164	WESTON, ADRIAN	Unattached
174		F35	8	1:18:53	167	EATON, ANNA	Newmarket Joggers
175		F	8	1:19:25	44	STANIER, CAROL	Cambridge & Coleridge
176		M50	25	1:19:31	30	COOPER, BRYAN	Unattached
177		F	9	1:19:31	293	DAVIES, KATE	West Norfolk AC
178		M40	26	1:19:36	87	LAW, ALASTAIR	Unattached
179		F40	6	1:19:39	282	WILKIN, LORRAINE	Springfield Striders
180		F60	1	1:19:39	305	MANLY, VERONICA	DISS AC
181	E	M50	26	1:19:59	80	DOWNING, TERRY	Unattached
182		M65	4	1:20:07	23	HETHERINGTON, DAVID	Hadleigh Hares AC
183		F40	7	1:20:19	165	PECK, GILLIAN	BRJ Road Running Club
184		F45	4	1:20:23	106	ROBERTSON, KAREN	Bedford Harriers
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Runners	186	E	F60	2	1:20:30	130	KINCH, BRENDA	North Norfolk Beach
	187	C	F40	8	1:20:30	226	SINCLAIR, ALISON	Bushfield Joggers
	188		F35	9	1:20:40	346	OSTLER, SUZANNE	Bushfield Joggers
	189		F40	9	1:20:56	233	TYLER, NETTA	Riverside Runners
	190	M		58	1:21:05	115	MCCARTHY, JIMMY	Thetford AC
	191	C	M40	27	1:21:11	38	LAWSON, STEPHEN	Ramsey Road Runners
	192		F45	5	1:22:02	263	CALVERT, MANDY	MaCCLESFIELD HARRIERS
	193		M55	10	1:22:10	6	CRAWFORD, JOHN	Ely Runners
	194	M		59	1:22:21	73	HULME, MICHAEL	Unattached
	195	F		10	1:22:31	327	SAYELL, TRUDY	Fenland RC
	196		M40	28	1:22:35	309	SLOAN, IAN	Unattached
	197		M40	29	1:22:38	85	BENNETT, STUART	Unattached
	198		F45	6	1:22:44	174	MOORE, LUCINDA	BRJ Road Running Club
	199		F45	7	1:22:45	206	DYER, TERESA	BRJ Road Running Club
	200		F35	10	1:23:03	107	PERRETT, JULIET	Unattached
	201		F40	10	1:23:12	153	GOODSELL, YVONNE	Eye Community Runners
	202		M65	5	1:24:18	184	AMPS, FREDERICK	March A.C.
	203		M40	30	1:24:20	185	POWER, GRAEME	LAKESIDE LINCOLN
	204	F		11	1:24:25	135	VALENTINE, SALLY	Yaxley Runners
Runners	205		M65	6	1:24:34	304	FRASER, ALEC	North Norfolk Beach
	206		M55	11	1:24:56	18	YATES, CHRIS	Eye Community Runners
	207	M		60	1:25:25	72	HOWES, MATT	Unattached
	208		M45	27	1:25:31	58	KENNY, EDWARD	Unattached
	209		M40	31	1:25:31	133	LANE, DAVID	Ryston Runners
	210		F40	11	1:25:33	24	MARLOW, AMANDA	Kettering Harriers
	211		F35	11	1:25:33	28	TIERNEY, JILL	Kettering Harriers
	212		M55	12	1:25:35	323	DRANSFIELD, ROBERT	Unattached
	213		M60	6	1:25:38	299	CLARKE, BARRY	Nene Valley Harriers
	214		F55	3	1:25:40	49	DORMER, SALLY	Brandon Fern Hoppers
	215		M40	32	1:25:43	176	CRACK, MARK	Unattached
	216	E	F60	3	1:25:47	22	WOODHOUSE, GILL	Dereham Runners

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217	M45	28	1:25:52	161	GORE, JEREMY	Unattached
218	F40	12	1:26:06	166	KITCHEN, JULIE	LAKESIDE LINCOLN
219	M	61	1:26:10	328	WILLIAMS, RICHARD	Fenland RC
220	M45	29	1:26:13	86	WILKINSON, MARTIN	Unattached
221	M55	13	1:26:23	11	MILES, ALAN	Bushfield Joggers
222	F45	8	1:26:23	257	RIDGEWAY, DEBBIE	March A.C.
223	M	62	1:26:23	208	HOWARD, ANDREW	Unattached
224	C M65	7	1:26:24	201	LACK, TONY	Ramsey Road Runners
225	F35	12	1:26:25	281	WHITE, SIAN	Ramsey Road Runners
226	M60	7	1:26:29	193	GRAY, MICK	Hunts A.C.
227	C F55	4	1:26:31	224	MANN, YVONNE	Bushfield Joggers
228	C M45	30	1:26:34	125	COOK, TIM	Werrington Joggers
229	C F45	9	1:26:39	228	BATES, GILL	Eye Community Runners
230	F35	13	1:26:44	255	ASHTON, CLAIRE	BRJ Road Running Club
231	F35	14	1:26:49	148	PALMER, ELAINE	Werrington Joggers
232	C F	12	1:26:49	47	RIGBY-BUR, EMMA	Werrington Joggers
233	M60	8	1:26:59	190	MOORE, CLIFF	Unattached
234	F40	13	1:27:01	300	TROPEANO, MANDY	Eye Community Runners
235	M	63	1:27:21	286	GRANGE, NICK	Unattached
236	F	13	1:27:25	353	STEAVENTSON, LAURA	Unattached
237	F45	10	1:27:33	74	CARMICHAEL, LINDA	Camborne Womens Network
238	M60	9	1:27:35	45	DALTON, TONY	Eye Community Runners
239	F	14	1:27:39	75	PASHLEY, JULIE	Cambridge & Coleridge
240	F55	5	1:27:48	7	CRAWFORD, FRANCESCA	Ely Runners
241	M	64	1:28:41	94	FOLLIARD, ROBIN	Unattached
242	M	65	1:28:52	202	OAKES, ADAM	Unattached
243	M70	1	1:29:29	239	BROWN, PATRICK	March A.C.
244	M	66	1:29:31	347	JOHNSON, SEAN	Greens Cambridge
245	M50	27	1:30:08	103	SLATER, COLIN	Fenland RC
246	M45	31	1:30:15	3	NORMAN, GARY	Unattached
247	F	15	1:30:24	339	BUTTRISS, NICOLA	Fenland RC

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248	F45	11	1:30:26	319	HEMINGWAY, PAM	Riverside Runners
249	M65	8	1:31:03	207	COOPER, LOUIS	Wymondham A.C.
250	M40	33	1:31:08	352	CURTIS, MARTIN	Thorney R.C.
251	F	16	1:31:36	261	HOME, CLAIRE	Eye Community Runners
252	F35	15	1:31:48	25	TOMS, SHARRON	Yaxley Runners
253	M45	32	1:32:20	219	WHYATT, PAUL	Unattached
254	F45	12	1:32:29	177	VAN LEERSUM, CLAIRE	Unattached
255	M55	14	1:32:29	65	BREESE, MIKE	Unattached
256	M45	33	1:32:44	348	LYNCH, DAVID	Werrington Joggers
257	E F55	6	1:32:48	132	HART, GILL	Ryston Runners
258	M50	28	1:33:58	141	HUDDLESTONE, DANNY	Bushfield Joggers
259	CE F45	13	1:34:29	92	FRISBY, SUSAN	Thorney R.C.
260	F40	14	1:34:30	264	POWELL, SUSAN	Bushfield Joggers
261	F50	2	1:35:02	186	GILLIE, SHEILA	Unattached
262	F	17	1:35:02	342	CHAPMAN, DONNA	Unattached
263	F40	15	1:35:21	279	SHARP, TRACEY	Unattached
264	F40	16	1:35:21	211	SMITH, K	Ryston Runners
265	F	18	1:35:22	149	RICHARDSON, JEN	Unattached
266	F55	7	1:35:47	59	WILLIAMS, RITA	Ware Joggers
267	M	67	1:36:10	284	KIRK, MARTIN	Ramsey Road Runners
268	F40	17	1:36:10	210	KIRK, ANNE	Ramsey Road Runners
269	M50	29	1:36:14	326	PLUMB, HUGH	Unattached
270	F60	4	1:36:31	203	BUTLER, SANDRA	Ramsey Road Runners
271	F	19	1:37:23	131	MARTIN, LOUISE	Fenland RC
272	C F65	1	1:37:41	43	JACKSON, GENA	March A.C.
273	F40	18	1:37:55	336	VEENENDAAL, TRACY	Fenland RC
274	F40	19	1:37:55	331	BUSBY, LOUISE	Fenland RC
275	E F40	20	1:38:12	71	SMITH, SUE	Ryston Runners
276	M40	34	1:38:13	16	DOAK, COLIN	Ely Runners
277	F50	3	1:39:58	68	MATLOCK, ROSEMARY	Thetford AC
278	M60	10	1:40:10	205	FOX, DAVID	Ramsey Road Runners

RESULTS

279	M40	35	1:40:40	83	TEBB, PETER	Bushfield Joggers
280	F40	21	1:40:42	19	TEBB, JULIE	Bushfield Joggers
281	E F50	4	1:40:42	330	OSBORNE, ANDI	North Norfolk Beach
Runners 282	C F55	8	1:43:15	17	BREWIN, HAZEL	Werrington Joggers
283	F55	9	1:43:22	170	NORRIS, PATRICIA	March A.C.
284	CE F55	10	1:43:46	113	HOLMES, GILLIAN	Fenland RC
285	F40	22	1:43:59	116	MCCARTHY, ANGELA	Thetford AC
286	M40	36	1:45:42	172	PEPPARD, BRENT	LAKESIDE LINCOLN
287	F45	14	1:46:50	220	NORRY, RITA	Thetford AC
288	F	20	1:48:21	34	TOMKINS, KAREN	Wellingborough A.C.
289	F40	23	1:50:19	271	HENNESSEY, SAMANTHA	Werrington Joggers
290	M55	15	1:50:34	246	BAKER, IAN	Bedford Harriers
291	F40	24	1:50:38	297	ROSE, HELENA	Werrington Joggers
292	M	68	1:56:33	26	TOMS, PETER	Yaxley Runners
293	M70	2	2:10:42	332	WESLEY, GRAHAM	Fenland RC
Runners 294	E M70	3	2:11:04	325	COPELAND, MORRIS	North Norfolk Beach