

East Anglian Cross Country League Series 2009/10

2.30 pm start

November	4 th	Easton College
	18 th	UEA
December	9 th	Whitwell Station, Reepham
January	6 th	Whitlingham
	20 th	RAF Marham (Shouldham Warren)
	27 th	RAF Wattisham
February	10 th	Fritton Lakes
	17 th	Bury St Edmunds
March	10 th	RAF Barnham

Further details from Pete Johnson or Trevor Adcock