

Norfolk Road Race Fixture List 2016 v5

January	1	New Year's Day 10k			www.wymondhamac.org.uk
	31	Freethorpe 10m	LPGP 1		www.gydac.co.uk
February	14	Valentine 10k	LPGP 2		www.norfolkgazelles.co.uk
March	13	Broadland Half Marathon	CC & LPGP 3		www.norwichroadrunners.com
	20	Mad March Hare 10k			www.coltishalljaguars.co.uk
	23	Athletics Norfolk Road Running Committee meeting			www.athleticsnorfolk.org.uk
	27	Trowse 10k			www.conac.org.uk
April	3	Wymondham 20m	LPGP 4		www.wymondhamac.org.uk
	3	Diss Duathlon			www.tri-anglia.co.uk
	24	London Marathon			www.virginlondonmarathon.com
	27	Great Yarmouth 5m Series - race 1			www.gyrr.co.uk
May	1	Grand East Anglia Run	CC & LPGP 5		www.grandeastangliarun.co.uk
	2	Breckland 10k			www.thetford-ac.co.uk
	8	Dereham 10m			www.derehamrunners.co.uk
	8	Waveney Spring Triathlon	LPGP 6		www.tri-anglia.co.uk
	11	Great Yarmouth 5m Series - race 2			www.gyrr.co.uk
	18	Wroxham 5k Series - race 1			www.norwichroadrunners.com
	22	Chase the Train			www.nnbr.co.uk
	25	Great Yarmouth 5m Series - race 3			www.gyrr.co.uk
	29	Alex Moore Relay			www.norfolkgazelles.co.uk
June	5	Mike Groves 10k	LPGP 7 CC & LPGP 8		www.coltishalljaguars.co.uk
	11	Norwich Junior Triathlon			www.tri-anglia.co.uk
	12	MidSummer Relays			www.activenorfolk.org/midsummerrelay
	15	Wroxham 5k Series - race 2			www.norwichroadrunners.com
	26	Humpty Dumpty 10k			www.gydac.co.uk
July	2	Lord Mayor's 5k City Centre Classic	CC		www.conac.org.uk
	6	Wroxham 5k Series - race 3			www.norwichroadrunners.com
	9	Norwich Triathlon - Sprint			www.tri-anglia.co.uk
	10	Norwich Triathlon - Standard			www.tri-anglia.co.uk
	10	Harling 10k			www.ehssc.org.uk/
	13	Athletics Norfolk Road Running Committee meeting			www.athleticsnorfolk.org.uk
	29	Worstead 5m			www.nnbr.co.uk
August	7	Run Norwich 10k	LPGP 9		www.runnorwich.co.uk
	14	East Coast Half Marathon			www.gyrr.co.uk
	21	Reepham Summer Sunday 10k			www.reephamrunners.webs.com
	28	Dereham 5k			www.derehamrunners.co.uk
September	4	Wissey Half Marathon			www.rystonrunners.org.uk
	11	Waveney Autumn Triathlon			www.tri-anglia.co.uk
	17/18	Round Norfolk Relay			www.roundnorfolkrelay.com
	25	Jolly Jaguars 10k			www.coltishalljaguars.co.uk
October	9	Marriott's Way 10k	LPGP 10		www.broadland.gov.uk
	16	East Coast 10k			www.gyrr.co.uk
	23	Holt 10k			www.nnbr.co.uk
	30	Trowse 10k			www.conac.org.uk
November	6	Bure Valley 10m	LPGP 11		
	9	Athletics Norfolk Road Running Committee meeting & AGM			www.athleticsnorfolk.org.uk
	11	Leathes Prior Grand Prix Series Presentation Evening			http://goo.gl/bLIPQa
December	11	Buxton Fun Run			www.norfolkgazelles.co.uk

CC = Norfolk County Championship race
LPGP = Leathes Prior Grand Prix Series event

Please contact richardpolley@conac.org.uk with any amendments or additions