

2012 Norfolk Road Race Fixture List(v4)

RCGP = Runners Centre Grand Prix event, CC = Norfolk County Championship event

January	1	New Year's Day 10k	www.wymondhamac.org.uk
	29	Reedham 10m - RCGP 1	www.gydac.org.uk
February	12	Valentine 10k - RCGP 2	www.norfolkgazelles.co.uk
March	4	Wymondham 20m	www.wymondhamac.org.uk
	18	Fritton Lake XC Half Marathon	www.activeoutdoorsport.co.uk
	25	Southern Men's 12 Stage & Women's 6 Stage Relays	http://mcs.open.ac.uk/mkac
	25	Mad March Hare 10K	www.coltishalljaguars.co.uk
April	8	Trowse 10k	www.conac.org.uk
	14	National Men's 12 Stage & Women's 6 Stage Relays	http://www.race-results.co.uk/
	15	Chase the Train	http://www.nnbr.co.uk/index2.html
	22	London Marathon	http://www.virginlondonmarathon.com/
	25	Great Yarmouth 5m Series, race 1	www.gyrr.co.uk
	29	Somerleyton 5k	http://www.activeoutdoorsport.co.uk/
May	6	Grand East Anglia Run 10k	http://www.grandeastangliarun.co.uk
	7	Breckland 10k	http://www.thetford-ac.co.uk
	9	Great Yarmouth 5m Series, race 2 - RCGP 3	www.gyrr.co.uk
	13	Dereham 10m - RCGP 4	http://www.derehamrunners.co.uk
	13	Waveney Triathlon	http://www.tri-anglia.co.uk
	19	Race for Life Norwich	http://www.raceforlife.org
	19	National Masters Road Relays	http://www.bvaf.org.uk
	20	Race for Life Norwich	www.raceforlife.org
	20	St. Felix Junior Triathlon TBC	http://www.tri-anglia.co.uk
	23	Great Yarmouth 5m Series, race 3	www.gyrr.co.uk
27	Alex Moore Relay	www.norfolkgazelles.co.uk	
June	3	Edingthorpe 5Mile	http://www.bhf.org.uk
	10	Midsummer 10m - CC	www.wymondhamac.org.uk
	17	Diss 10K	
July	1	Humpty Dumpty 10k - RCGP 5	www.gydac.org.uk
	1	Norwich Triathlon	http://www.tri-anglia.co.uk
	5	Hancock Half Hour 5 Miler	http://www.rystonrunners.org.uk
	7	Lord Mayor's 5k City Centre Classic	http://www.conac.org.uk
	8	Mike Groves 10K Run	www.coltishalljaguars.co.uk
	18	Wroxham 5k – RCGP 6	www.nrr.org.uk
	24	Race for Life King's Lynn	www.raceforlife.org
	22	Dereham Town 5K CC	http://www.derehamrunners.co.uk
27	Worstead Festival 5m RCGP 7	www.nnbr.co.uk	
August	12	Great Yarmouth Half Marathon	www.gyrr.co.uk
	19	Reepham Summer Sunday Run 10k - RCGP 8	http://www.reephamrunners.co.uk
September	2	Wissey Half Marathon - RCGP 9 & CC	http://www.rystonrunners.org.uk
	9	Waveney Triathlon2	http://www.tri-anglia.co.uk
	15 & 16	Round Norfolk Relay	www.roundnorfolkrelay.com
	16	Great North Run	http://www.greatrun.org
	30	Jolly Jaguars 10k - RCGP 10	www.coltishalljaguars.co.uk
October	7	Marriott's Way 10k	www.broadland.gov.uk
	21	East Coast Run 10k - CC	www.gyrr.co.uk
	28	North Norfolk 10KM	www.nnbr.co.uk
November	25	City of Norwich Half Marathon	www.cityofnorwichhalfmarathon.com
December	09	Buxton 5k Xmas Fun Run	www.norfolkgazelles.co.uk